



University of Kerbala
College of Science
Department of Chemistry

**A Convenient Green Method to Synthesize
Luminescent Carbon Dots from Edible Carrot
and Its Applications**

A thesis

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Kerbala, in Partial Fulfillment of the Requirements for the Degree of
Master in Chemistry

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1444 A.H.

سُورَةُ الْمُجَادَلَةِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

يَرْفَعُ اللَّهُ الَّذِينَ ءَامَنُوا مِنْكُمْ وَالَّذِينَ أُوتُوا الْعِلْمَ دَرَجَاتٍ وَاللَّهُ بِمَا تَعْمَلُونَ

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صَدَقَ اللَّهُ الْعَلِيُّ الْعَظِيمُ

سورة المجادلة

الآية (11)

Dedication

Praise be to Allah, the maximum amount of praise, and thanks be
to Allah before and after.

To the Prophet Muhammad (may God bless him and his family and
grant them peace) and his honorable family (peace be upon them).

To the one who paved the way to walk through, and strived and
sacrificed to reach where I am now

My dear father (may God have mercy on him)

To whom gave all the giving and was with me and supported and
encouraged me at all times

My dear mother

To whom gave an advice and support

My dear sister

To whom supported me and drew my strength from them

My Dear brothers

To whom shared this journey and took the road with me

My dear friend

I present to you the fruit of my scientific effort

((Acknowledgement))

First of all, I would like to say a great thank you to my God who granted me this opportunity.....

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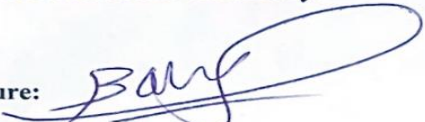
I would like to express a special thanks to my mother, brothers, sisters and daughter for their prayers and support...

THANK YOU ALL!

((Supervisor Certification))

We certify that this thesis, entitled (**A Convenient Green Method to Synthesize Luminescent Carbon Dots from Edible Carrot and Its Applications**) has been prepared under our supervision at the Department of Chemistry, College of Science, University of Kerbala in partial fulfillment of the requirements of the degree of Master of Science in Chemistry.

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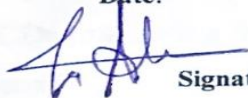
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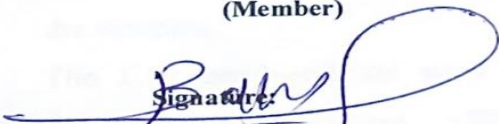
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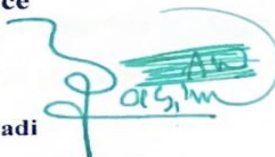
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Abstract.

In this study, a simple single-stage procedure depending upon refluxing Iraqi edible carrot with aqueous trisodium phosphate (TSP) has been used to synthesize blue color luminescent carbon dots (CDs). Optimization study indicate that refluxing 5 g of carrot in 100 mM TSP aqueous solution for 120 min is adequate to produce highly luminescent blue CDs. The Fourier-transform infrared (FTIR) spectrum of carrot extract (CE) and carbon dots (CDs) is explained that the -C=O peak observed in 1740 and 1650 cm^{-1} in the CE was completely lost in CDs, indicate that the carbonyl group was undertook carbonization and form more sp^2 hybridized carbon. Furthermore, the ^1H NMR spectra of CE and CDs showed that the number of signals observed between 3 and 4 ppm in the CE was reduced considerably in CDs, indicating that some sugar residues undergone carbonization. These results confirmed that the carbohydrates present in the carrot undergone carbonization to produce luminescent CDs. Scanning Electron Microscopy (SEM) images showed that CDs are almost spherical in shape and the size is around 6.40 – 25.76 nm. Energy dispersive X-ray (EDX) spectrum confirmed the presence of carbon in the samples. The CDs produced are used as luminophore to image bacteria through fluorescence microscopy. CDs have membrane good permeability and minimum toxicity against Gram-negative and Gram-positive bacteria. The CDs capability for direct reduction of silver ions to elemental silver (Ag^0) and gold ions to elemental gold (Au^0) without additional reducing and stabilizing agent was demonstrated. The resulting Ag and Au nanoparticles have a size of (20.40 – 59.44 nm) and (14.57 – 38.33 nm), respectively. Significantly higher values of Prothrombin Time (PT) and Activated partial Thromboplastin time (APTT) are found with AgNPs when compared with those without AgNPs, at the probability value of $P = 0.05$. On the other hands, there is no any significant effect of health status, gender, and smoking activity on the values of PT and APTT.

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Abbreviation

| | |
|-------------------|--|
| AgNPs | Silver Nano Particles |
| AOR | Alcohol Oxidation Reaction |
| APTT | Activated Partial Thromboplastin Time |
| AuNPs | Gold Nano Particles |
| CDs | Carbon Dots |
| CE | Carrot Extract |
| CNDs | Carbon Nano Dots |
| CPDs | Carbonized Polymer Dots |
| CQDs | Carbon Quantum Dots |
| DDW | Distilled Deionized Water |
| EDX | Energy Dispersive X- ray Spectroscopy |
| EM | Electromagnetic |
| GQDs | Graphene Quantum Dots |
| KE | kinetic Energy |
| MWA | Microwave Ablation |
| OER | Oxygen Evolution Reaction |
| PBS | Phosphate Buffer Solution |
| PET | Polyethylene Terephthalate |
| ORR | Oxygen Reduction Reaction |
| PT | Prothrombin Time |
| PL | Photoluminescent |
| SEM | Scanning Electron Microscope |
| SWCNTs | Single -Wall Carbon Nanotubes |
| TSP | Tri Sodium Phosphate |
| XPS | X- ray Photoelectron Spectroscopy |
| ¹ HNMR | Proton Nuclear magnetic resonance spectroscopy |

Chapter One

General Introduction

Chapter One

General Introduction

1.1 Carbon Dots (CDs)

Carbon dots (CDs) were recognized since 2004 through the cleansing of Single-Walled Carbon Nanotubes (SWCNTs) through preparative electrophoresis. They can define as fluorescent small carbon nanoparticles and their sizes are less than 10 nm. The CDs have several applications such as bioimaging, biosensing, drug delivery, disease detection, materials science, and synthetic chemistry. These materials are low production costs, water-soluble, photo-chemically, and physio-chemically stable. Recently, the applications, production, and of CDs have maintained the attention of many scientists because of it is essential to develop different morphologies, sizes, and specific CDs for future research[1].

Generally, the modifications of surface for carbon nanoparticles with other molecules such as organic materials or polymeric are used to create the CDs. There are several methods were developed to prepare the CDs, for example, electrochemical oxidation, laser ablation, supported synthesis, and combustion/thermal MWA heating. Furthermore, solvothermal, hydrothermal, and microwave-assisted methods are useful because of their low-cost and simple operation [1].

The use of natural samples to produce CDs has several advantages such as being cost-effective, appropriate, and easily available in natural environments. For instance, in the preparation of CDs from banana juice using slow heating, and without the oxidizing agent, organic salt was used to synthesize green luminescent oxygenous CDs (~ 3 nm) [2]. The results show that the CDs are centration, excitation wavelength, and pH-dependent luminescent behavior in the visible scale. Furthermore, a suitable approach was utilized to supply fluorescent and water-

soluble carbon nanoparticles through a hydrothermal process by using the pomelo peels to use as a source for carbon [1]. A previous study has developed a new method to synthesize water-soluble fluorescent CDs by using watermelon peel as a reproducible and raw carbon resource via low-temperature carbonization and simple filtration, as shown in Figure 1.1 [2]. The resulting CDs had small particle sizes (approximately 2 nm) and were more stable in a wide range of pH values (2–11), acceptable fluorescence lifetimes, high blue luminescence, and at high salt concentrations. Interestingly, this method is able for the wide range production of water-soluble CDs. In addition, the CDs particles can use to provide live cell imaging. Therefore, these carbon NPs can consider high-performance optical imaging probes.

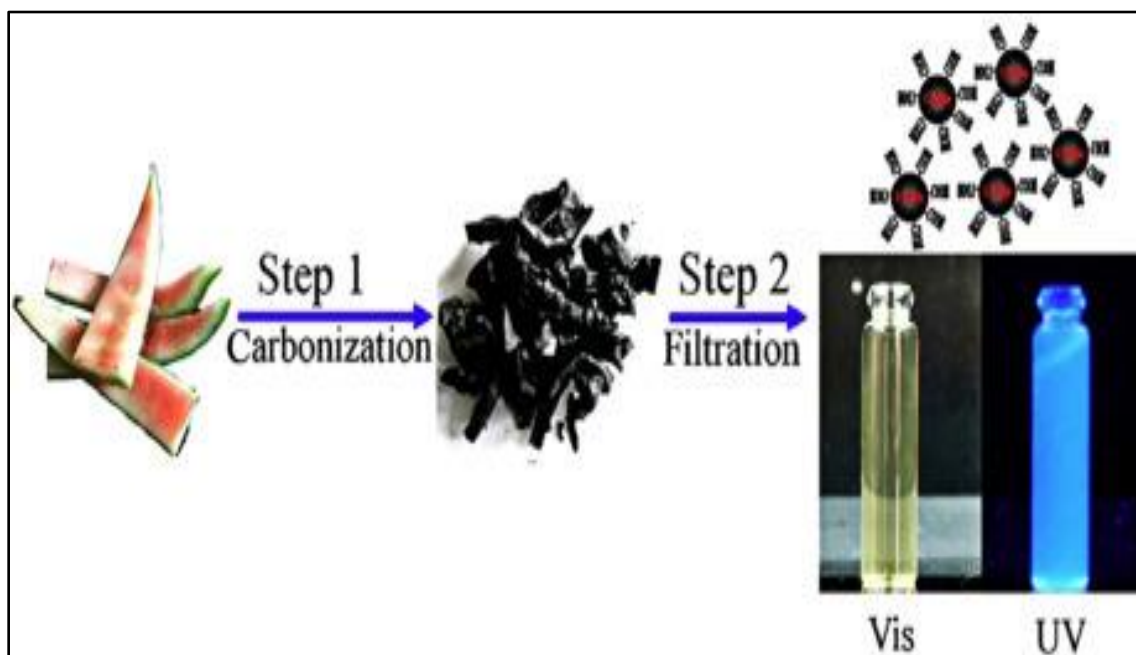


Figure 1.1: A schematic diagram of the preparation method for CDs from watermelon peel [2].

Carbon dots, a young member of the carbon nanomaterial family, are quasi-spherical nanoparticles, which have fluorescent properties as their key characteristic. Carbon dots (C-dots) are quasi-spherical particles with a diameter of less than 10 nm

that were discovered while purifying single-walled carbon nanotubes, as shown in Figure 1.2. a series of different parameters that affect the properties of carbon dots have been investigated, including temperature, starting pH, as well as precursor concentration. Carbon atoms with sp^2/sp^3 hybridization make up C-dots chemically. C-dots have unique photophysical and chemical features when compared to other carbon allotropes [3, 4].

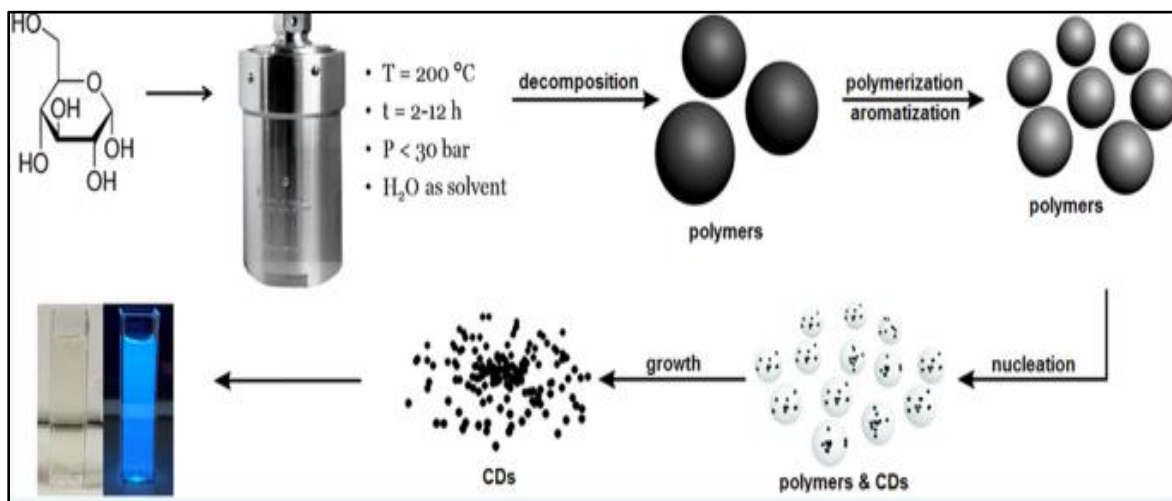


Figure.1.2. Stages of synthesis carbon dots.

C-dots have attracted a great deal of interest and have considerable potential in biological applications. Also, biocompatibility has been touted as C-dots' primary advantage in the field of NPs applications. C-dots are mostly made of carbon, which is a common and safe element. Their structure and electronic properties are different from those of other NP families [5, 6].

1.2 Chemical and Physical Properties of Carbon Dots

Carbon dots (CDs) have unique physical and chemical properties as well as optical properties, for examples fluorescence [7], luminescence [8], and photoluminescence [9]. Moreover, they exhibit biocompatibility [10], hydrophilicity [11], chemical stability [12], electroconductivity [13], high reactivity, surface functionality, and low toxicity [14]. The existence of numerous functionalities and various sizes are

accountable for their wide-ranging physical and chemical properties. These properties can be enhanced using different procedures to adjust their size, surface functionality, and chemical structure [15-17].

1.2.1 Electrochemical Properties of Carbon Dots

Carbon dots have currently related in the area of electrochemistry and electrocatalysis depending on of the following advantages:

- CDs exhibit exceptional charge transferability, enhanced electroconductivity, larger effective surface area, and lesser toxicity, as well as being comparatively cost-effective [18-20].
- the functional groups presenting on the surface of carbon dots such as hydroxy, carboxy and amine can transfer a large number of sites for the surface modification and also use to improve the activity of electrocatalytic by accelerating the intermolecular electroconductivity [21, 22].
- when carbon dots use heteroatom such nitrogen, phosphorous, sulfur and boron, they become anesthetic. the intramolecular charge transferability can be clearly enhanced by using of the electronic contribution of carbon dots [23, 24].
- through the electrochemical reactions such as oxygen evolution reaction (OER), hydrogen evolution reaction (HER), oxygen reduction reaction (ORR), and alcohol oxidation reaction (AOR), electrocatalysis process remarkably improve by carbon dots [25].

1.2.2 Visual Properties of CDs

These Properties can be classified into:

1.2.2.1 Ultraviolet-Visible Absorption

Usually, the UV-vis analysis is used to clarify the basic chemical structure of CDs. It was found that the kind of functional groups in the surface, methods of CDs synthesis, and chemical nature can be indicated by transition of the CDs skeleton such as $n-\pi^*$ (C=O, C-N, C-S, and $\pi-\pi^*$ (C=C), etc.). This means that sp^2 hybridization of the π electrons and $n-\pi^*$ transition for the absorption bands of CDs can be exhibited at the region of 273 nm and 342 nm respectively [26]. The absorption of bands position can be affected by the mixture of the same C atom but various N sources [27]. The UV-vis peaks of the CD's molecular structure may fluctuate due to the attendance of hetero atoms, for examples Se, S, B, P, O, and N [28, 29].

1.2.2.2 Photoluminescence

The photoluminescent (PL) of the CDs is the considered the most fantastic characteristic feature. This characteristic gives a wide range of field applications. The transition of a thermally activated electron from the ground state to the excited state leads to transformation photoluminescence in the near-infrared area CDs [30]. The formation of CDs with specific shapes and various luminescent behaviors, namely deep ultraviolet emission, green, blue, red, yellow, and white have been resulted by the various synthetic approaches along with different starting materials. Since variable carbon sources can lead to the fabrication of CDs by various ways, the PL behavior also depends upon several factors such as size, pH, and solvent. Usually, the CDs display symmetrical and broad spectra across the range of wavelengths as a result of the diverse electronic transition pathways, [31-33].

1.2.2.3 Electron Transfer of CDs

Another characterized property of carbon dot is acting as an electron acceptor and donor. The CDs can use along with ionic liquids for energy uses as nanofluids which contain a mixture of organic and inorganic hybrid systems. This mixture can use as separators and electrolytes in the field of energy storage [34]. Photocatalysis is most important application of CDs. The previous studies indicated that the photocatalytic performance of the amorphous CDs and graphitic was produced saccharides such as fructose and glucose, and citric acid [35].

1.2.2.4 Cytotoxicity and Photostability of CDs

CDs are required for diverse applications because fascinating biocompatibility and relatively less toxicity. Both in vitro and in vivo conditions, the cytotoxicity of CDs are studied. The photostability of CDs is a key feature to discover their utilizing as fluorescent probes [36, 37].

1.2.2.5 Emerging property: chirality of CDs

In recent years, researchers have made more efforts to improve chiral CDs for their application in different fields such as bioimaging, chiral catalysis, sensing of chirality, biomedicine, chiral catalysis, and separation of chiral molecules. Usually, the “bottom-up” method produces good chiral CDs due to the precursor molecules themselves being chiral and therefore do not require the introduction of chiral ligands during the synthesis method [38, 39].

1.3 Classification of carbon dots.

CDs can be classified into several types, as shown in Figure1.3.



Figure1.3: The classification of CDs, their properties, synthesis approaches, characterization techniques, and applications in health care [40]

1.3.1 Graphene quantum dots (GQDs)

GQDs are nanoparticles with only two dimensions. They are made up of one or more layers of graphene sheets and form when graphitic material is peeled off. CQDs are quasi spherical nanoparticles with a crystalline graphitic core that are produced by thermally treating suitable precursors at elevated temperatures ($T > 300\text{ }^{\circ}\text{C}$)

[41, 42]. GQDs are pieces of graphene that are made up of one or more sheets of graphene with visible graphene lattices and chemical groups on or within interlayer defects. These features are what make GQDs stand out, as shown in Figure 1.4. The lateral dimensions of a typical anisotropic graphene sheet are less than 20 nm, while its height is less than 2.5 nm [43]. In addition, it should be emphasized that both the quantum confinement effect of GQD sizes and the quantum confinement effect of the conjugated domains that are isolated by defects on the graphene plane can be referred to as the quantum confinement effect. When the oxygen element concentration is raised, more conjugated-domains function as the fluorescence centers. It is known that the natural luminescence of CQDs and the quantum confinement effect caused by their small size are caused by the crystal lattices and chemical groups on their surfaces. Controlling the photoluminescence wavelength by adjusting the size of CQDs is a big advancement [44, 45].

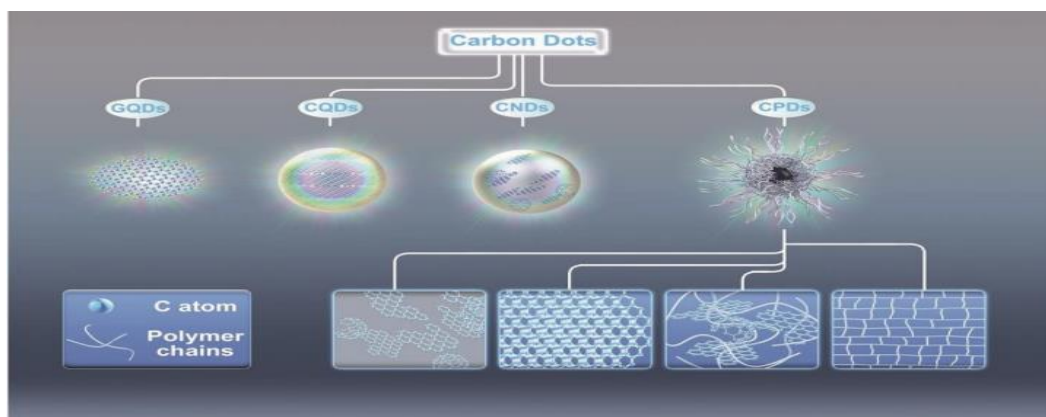


Figure.1.4: Classification of CDs: including (GQDs), (CQDs), (CNDs), and (CPDs), the possible structures of carbon core of CPDs [45].

Graphene-based composites may be utilized in sensors, depending on the need. Various graphene-based composites (metal nanoparticles, metal oxides, carbon hybrids) are currently being used to develop a variety of electrochemical and biosensors [46]. The enormous potential of graphene–metal chalcogenide composites for the detection of chemicals, biomolecules, and bio macromolecules is the focus of our research. Graphene–metal chalcogenide compounds have several benefits compared to other composite materials that use as an electrochemical sensor. The advantages increase from the hybridization of graphene and metal chalcogenides, namely polonides, selenides, sulfides, and tellurides but not oxides. The surface area and high electrical conductivity of the graphene can contribute to redox centers imparted by the metal: high current; and chalcogenide sites are highly advantageous for electro catalytic sensing of a broad range of molecules [47-49].

1.3.2 Carbon Quantum Dots.

In 2004 the first discovery of carbon quantum dots (CQDs) occurred during the purification of single-walled carbon nanotubes [48]. CQDs have a multilayer crystalline graphitic core with a crystalline lattice [49]. A Nano carbon material in the carbon family, zero-dimensional (0D) carbon quantum dots (CQDs) have gained increasing attention in recent years due to their remarkable characteristics of low cost, nontoxicity, large surface area, high electrical conductivity, and abundant surface functional groups.

CQDs emerge as promising functional materials for applications in energy-conversion sectors involving electro catalysis due to their rapid electron transfer and large surface area. In addition, the abundant functional groups on the surface of CQDs provide an abundance of anchoring sites and active sites for the design of multicomponent and high-performance composite materials [50].

Importantly, the heteroatoms in the CQDs can change the charge distribution in a way that encourages electron transfer through internal interactions. This is important for improving the performance of electrocatalytic reactions [51-54]. CQDs are created by functionalizing the surfaces of nanoparticles of carbon and polymeric and organic material.

The majority of preparation techniques involve the carbonization of carbon-containing precursors. This method yields CQD with highly variable optical properties but less controllability [55, 56]. CQDs that are passivated have strong fluorescence and weak selector chemiluminescence. CQDs have been evaluated successfully in surface passivation as they have the ability to improve brightness because of long wavelengths and decreasing quantum yield. This is because their structures appear as layers and crystalline phases. CQDs that are passivated have strong fluorescence and weak electrochemiluminescence [57].

Numerous methods for the synthesis of CQDs have been developed, including electrochemistry [58], electrochemical oxidation treatments [59], carbonization methods [60], microwave synthesis routes [61], combustion, ultrasonic-assisted routes [62], hydrothermal/solvent heat treatments [63], and acidic oxidation, green synthesis, among others [64]. While numerous of these production methods need toxic or costly precursors, it is difficult to modify the complex reaction conditions. Therefore, research into new approaches and environmentally friendly precursors for synthesizing CQDs is still required. In the last century, many precursors for the synthesis of CQDs, for example, citric acid, phenyl-indamine, and ethylenediamine, have been identified. In recent years, several researchers have investigated the synthesis of CQDs utilizing natural products as starting materials. Examples include gelatin, human hair, honey, rose-heart radish, silk, and apple juice. To be both ecofriendly and easy to get, it is essential to find starting materials that are compatible with living things and break down naturally [65].

1.3.3 Carbon Nano Dots (CNDs)

Rapid development of carbon nanodots (CNDs) as phosphorescence candidates was studied due to their comparatively simple preparation procedure, high biocompatibility, and unique optical properties make them particularly intriguing in the area of biotechnology [66]. Due to the efforts of scientists, phosphorescent CNDs have a significant role in the development of optoelectronic apparatuses at room temperature. [67]. Ultraviolet (UV) phosphorescent CNDs that emit high-energy photons for an extended period of time 7 have not yet been realized. The development of UV phosphorescent CNDs become important in terms of their application in UV light-emitting devices [68].

1.3.4 Carbonized Polymer Dots (CPDs)

Carbonized polymer dot (CPD) is a revised term for the subclass of CDs consisting of a carbonized core and a polymer shell. The majority of CDs synthesized "bottom-up" from molecules or polymers should be CPDs. CPDs are subjected to dehydration and crosslinking [69]. CPD performance is primarily determined by the equilibrium between polymerization and carbonization [70]. The CPDs are used as excellent materials for catalysis, optoelectronic device construction, and ion detection due to they are green environment-protecting materials, have carbon content and special structures, high photo-stability, low toxicity, and tunable photoelectric properties [71].

1.4 Applications of Carbon Dots (CDs)

CDs can use in several biomedical applications such as medication transfer, biosensors, and bioimaging. CQDs play important role in optronics, sensors, and catalysis based on their electronic properties and good optical [57], as illustrated in Figure1.5.

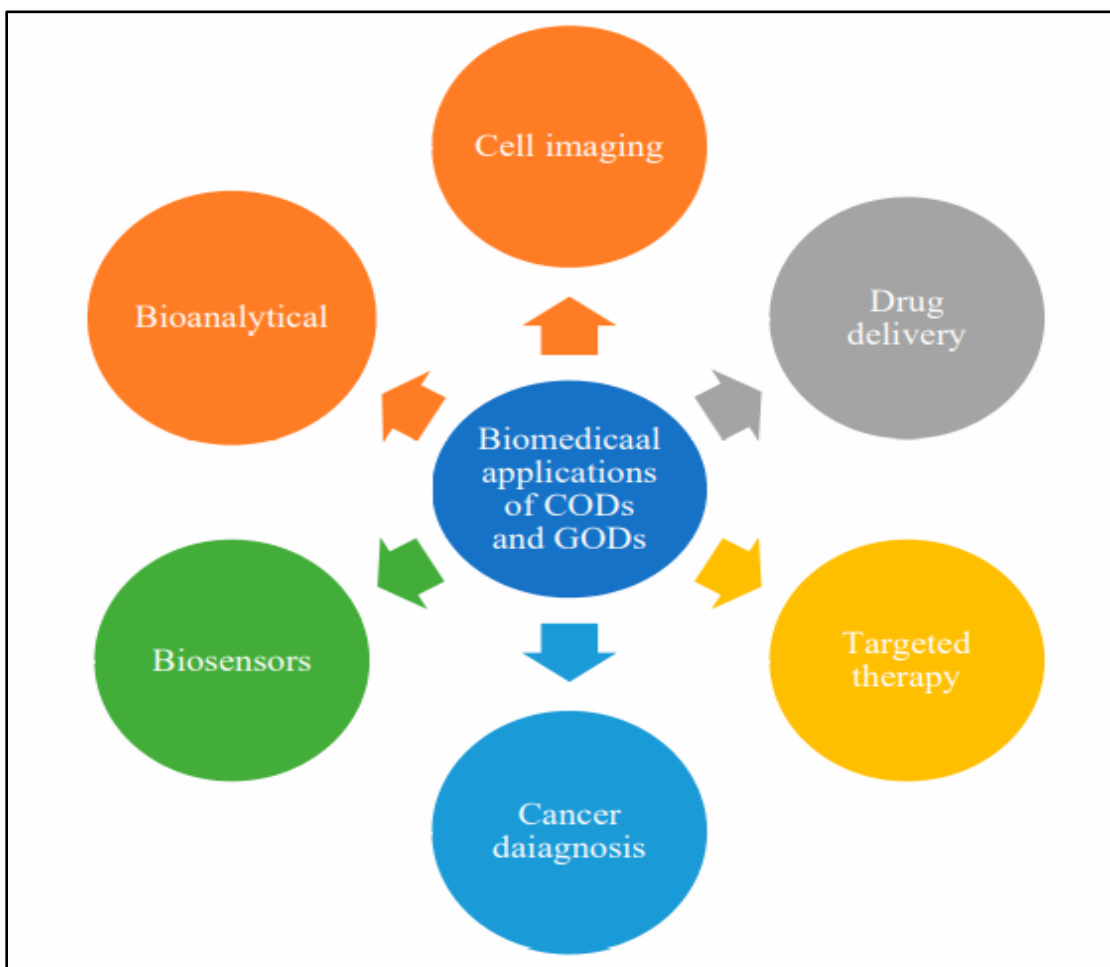


Figure 1.5: Biomedical applications of CODs [57].

1.4.1 Bioimaging

Bioimaging is a technique for imaging and direct observation of biological methods in real time which is often used to obtain information from the 3D morphology of the noted sample from the outside [72]. A previous study has reported several applications of C-dots in the biological field such as bioimaging [73].

1.4.2. Biosensors

The CQDs were utilized as biosensors because they have excellent biocompatibility, excellent photostability, nontoxicity, and high-water solubility. In addition, can be used for tracking pH, glucose, cellular copper, etc [74-76]. as shown in Figure 1.6.

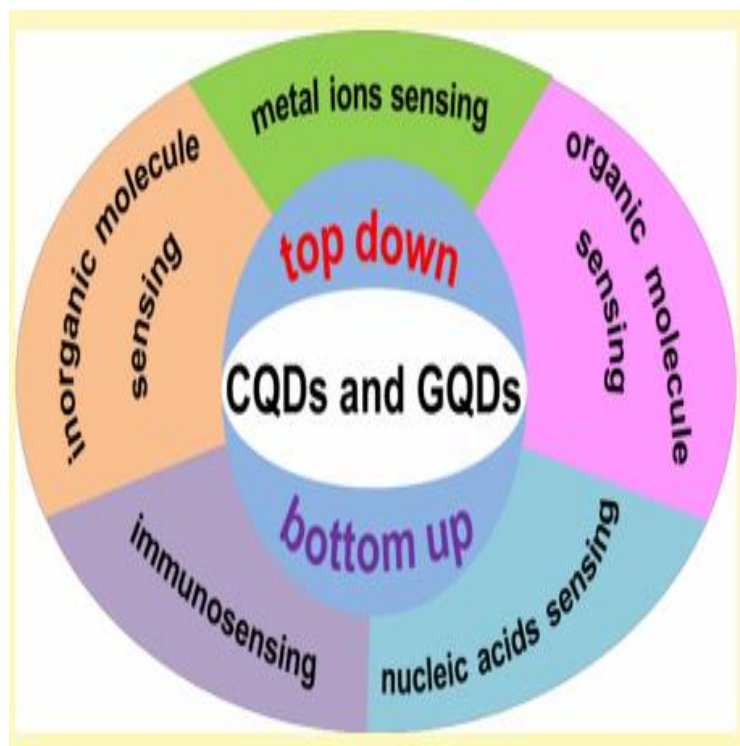


Figure 1.6: Molecules and metals sensing for CQDs and GQDs [59].

1.4.3 Drug Delivery

The important applications of CQDs' are included drug carriers, monitoring drug release, and fluorescent tracers because it is nontoxicity and biocompatibility. The non-toxicity and biocompatibility of CQDs' give evidence for using CQDs as photosensitizers in the treatment of cancer cell damage [77]. Several studies explained that CDs have been utilized for the delivery of numerous drugs in humans and animals. As previous mention, the main advantage of CDs is a carrier drug for damaged tissues due to their important properties [78]. The absorption of CDs as a carrier by cells is faster because CDs have small size and good surface area [79-81].

1.4.4 Catalysis

Carbon dots become efficient catalysts or photocatalysts when their sizes less than 10 nm. Various CQD forms have ability to absorb lights of different wavelengths due to the versatility of surface modification so that they are considered good prospects for photocatalytic applications. Photocatalytic H₂ development in UV-Vis light demonstrated enhancing by the composites of P₂₅ TiO₂ modified by CDs. The separation competence of the P₂₅ electron-hole pairs increase by the electron's repository in CDs. [81, 82]. [90]

1.5 Green Chemistry

It is an environmentally friendly method that can be used for various applications in chemistry [83]. The important fields that are improved by green chemistry are sustainability for living practices, economics, and development [84, 85] .

1.5.1 Principle of green chemistry

In 1998, Paul Anastas and John Warner introduced the Twelve Principles of Green Chemistry, as shown in Figure 1.7. They are a guiding framework for the design of new chemical products and processes. The guiding framework of the design of new chemical products and processes can occur by principle of green chemistry [86, 87].

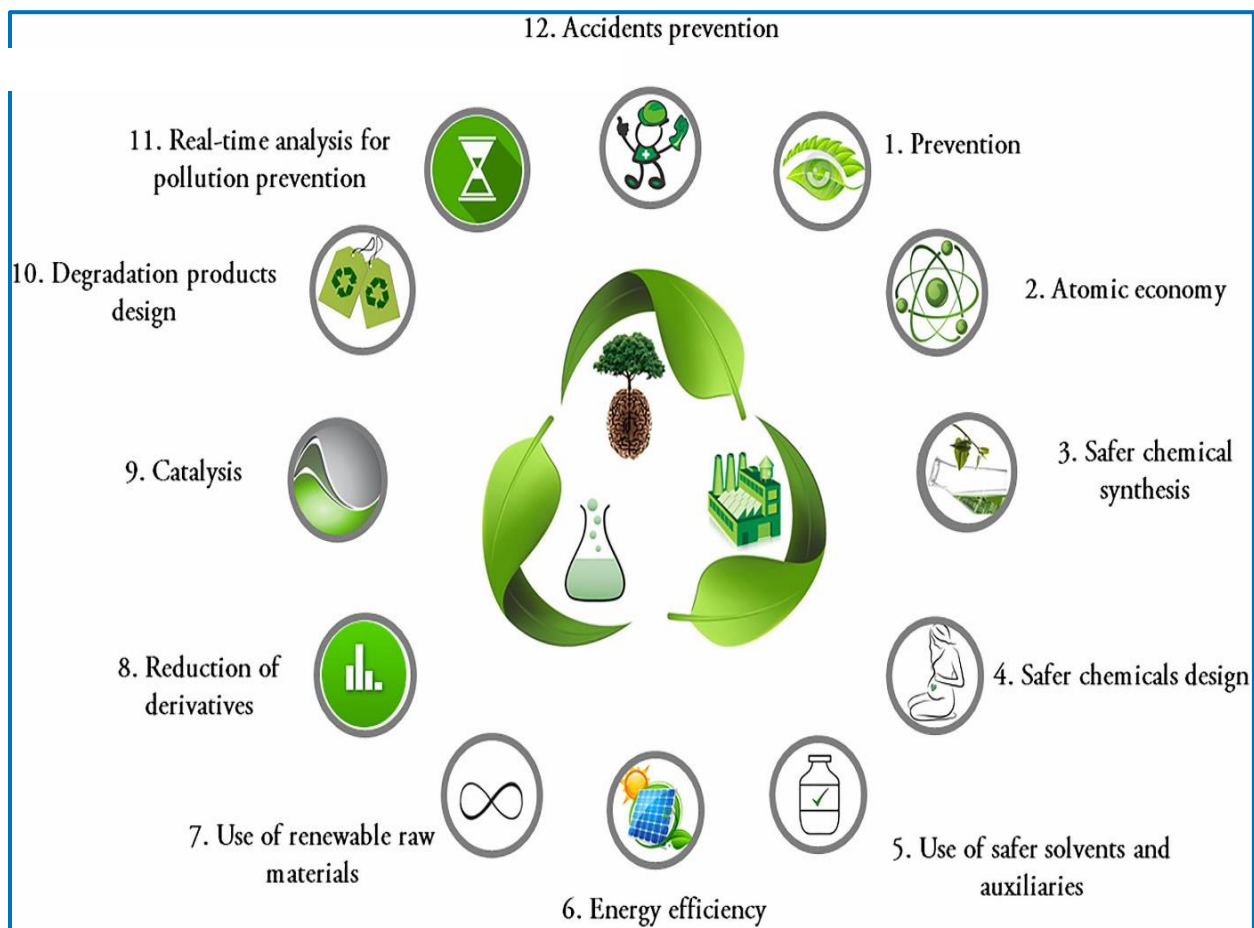


Figure 1.7: Principles of Green Chemistry proposed by Anastas and Warner [88]

1.6 Literature Review

Recently, human carbon dots (CDs) have been recognized as an invaluable materials and good area for research.

Bui Thi Hoan and et al. were synthesized highly luminescent carbon dots (C-dots) by the one-pot simple hydrothermal method directly from lemon juice using different temperatures, time, aging of precursors, and diluted solvents to control the luminescence of C-dots. They found that C-dots had strong green light emission with quantum yield in the range of 14.86 to 24.89% as a function of hydrothermal temperatures [89].

Another study is conducting for the synthesis of CDs form banana peel waste by a simple hydrothermal method. The resulting CQDs have a narrow size distribution, and the average particle size was measured as 5 nm. The nitrogen-containing and oxygen-containing functionalities on/in the surface of carbon structure were observed in the resulting CQDs. CQDs emit intense blue fluorescence under the excitation of UV-light (365 nm) with a good quantum yield of 20% without any surface passivation chemicals. Besides, CQDs exhibit excellent water solubility and excitation-dependent emission performance. Furthermore, the banana peel waste-derived CQDs had almost no photobleaching under UV-light irradiation for a long-time, suggesting that they have high photostability. Since no chemical reagent was involved in the synthesis of CQDs, the synthesized CQDs were confirmed to have lower toxicity for nematodes even at a high concentration of $200 \mu\text{g mL}^{-1}$. Because of the intense fluorescence with excellent fluorescence stability and biocompatibility, CQDs can be used for bioimaging in nematodes [90].

The most interesting and appealing characteristic of CDs is the great intensity of their fluorescence emission that originates from quantum confinement (QC) occurring when the exciton's Bohr radius is bigger than the average size of CDs [91].

Clinical decision support (CDS) provides clinicians, staff, patients or other individuals with knowledge and person-specific information, intelligently filtered or presented at appropriate times, to enhance health and health care. CDS encompasses a variety of tools to enhance decision-making in the clinical workflow. These tools include computerized alerts and reminders to care providers and patients; clinical guidelines; condition-specific order sets; focused patient data reports and summaries; documentation templates; diagnostic support, and contextually relevant reference information, among other tools [92].

CDs are considered very important for many fields. Strong fluorescence quenching effect of Fe (III) on SiCQDs can be used for its selective detection among general metal ions. Specific electron transfer between SiCQDs and hydrogen peroxide enables SiCQDs as a sensitive fluorescence sensing platform for hydrogen peroxide. The subsequent fluorescence recovery induced by removal of hydrogen peroxide from SiCQDs due to formation of the stable adducts between hydrogen peroxide and melamine was taken advantage of to construct effective sensor for melamine [93]. These highly biocompatible DNA-CDs can serve as a new type of fluorescent vehicle for cell imaging and drug delivery studies. Our research may hasten the development of CDs for prominent future biomedical applications [94]. As prepared AgNPs appears yellow in color and showed the characteristic surface plasmon resonance [95].

CDs can be applied in many fields as Photocatalysis [96], luminescent device [97], chemical sensing [98] and biosensor [99]. A large variety of techniques have been developed to fabricate CQDs since their discovery. Generally, synthetic methods taken for CQD preparation are divided into two routes: top-down and bottom-up methods. The top-down approach mainly refers to the destruction or dispersion of carbonaceous macromolecules such as graphite, nano-diamonds, carbon nanotubes, and activated carbon into nano-sized CQDs by physical, chemical, or electrochemical methods, whereas in the bottom-up process, small carbonaceous molecules such as citric acid, glucose, and sucrose go through a series of polymerization and carbonization reactions by chemical reactions to produce CQDs [100-104]. There are four green methods for producing of carbon dots. These methods include hydrothermal, solvothermal, dry heating and microwave [105-111].

1.7 Aim of Study

The aims of this study are to:

- Use a green procedure to produce the CDs from Iraqi edible carrots by using available laboratory glassware and chemicals.
- Utilize the CDs to prepare the metal nanoparticles (Ag & Au).
- apply the use of CDs for bioimaging of positive and negative bacteria models.
- Use the nanoparticles to determine the values of PT and APTT.

Chapter Two

Experimental Part

2.0 Experimental

The sample collection and preparation procedures that were implemented for carrot and blood matrices have been illustrated in this Chapter, as shown in Section 2.3. The fundamental methods utilized for the synthesized of carbon dots (CDs) are described in Section 2.4. Several techniques were used to clarify the preparation and applications of CDs such as Fourier Transform Infrared FTIR Spectroscopy, Fluorescence Microscope, Proton Nuclear Magnetic Resonance (HNMR), Scanning Electron Microscope (SEM), and X-ray Photoelectron Spectroscopy (XPS).

2.1 Instrumentation

There are several types of techniques were used in this study, as shown in **Table 2.1**.

Table 2.1: Analytical techniques and tools are used in this study.

| No. | Instrument | Source & Model | Places |
|-----|--|--|---|
| 1 | UV-vis double beam spectrophotometer with a quartz cell of 1ml | UV. spectrophotometer 1800 pc (Japan) (Shimadzu) | University of Karbala, Science college |
| 2 | Scanning Electron Microscopy (SEM) | Fisher Scientific, USA | Al- Khora office in Baghdad |
| 3 | Hotplate with a magnetic stirrer | Electrothermal, England | University of Karbala, Science college |
| 4 | Centrifuge | (Germany) | University of Karbala, Science college |
| 5 | Fourier-Transform infrared Spectroscopy (FT-IR) | Shimadzu, 8400S, Japan | Iran University of Science and Technology |
| 6 | Nuclear Magnetic Resonance Spectroscopy (HNMR) | A Bruker 300 MHz, Varian, America | Iran University of Science and Technology |
| 7 | Energy dispersive X-ray Spectroscopy (EDX) | Fisher Scientific, USA | Al- Khora office in Baghdad |
| 8 | X-Ray Photoelectron spectroscopy (XPS) | Japan, Shimadzu | Iran University of Science and Technology |

| | | | |
|----|--------------------------|-----------------|--|
| 9 | Fluorescence Microscopy | Zeiss, Germany | University of Babylon, College of Science |
| 10 | UV lamp | Japan, Shimadzu | University of Karbala, Science college |
| 11 | Thrombotimer (4-channel) | Germany | Teaching Al-Handia Hospital |

2.2 Reagents and Chemicals

There are several chemicals have been used in this study to prepare the sample and drugs, as described in **Table 2.2**.

Table 2.2: Chemicals used in this study along with their manufacturers.

| No. | Material | purity | Company |
|-----|--|--------|-----------------------------------|
| 1 | Tri- sodium phosphate $\text{Na}_3 \text{PO}_4$ (TSP) | 99.99 | Central Drug House (CDH) India |
| 2 | Silver nitrate AgNO_3 | 99.99 | Thomas baker India |
| 3 | Gold chloride $\text{AuCl}_4.3\text{H}_2\text{O}$ | 99.99 | Central Drug House (CDH) India |
| 4 | Potassium dihydrogen phosphate KH_2PO_4 | 99.99 | Central Drug House (CDH) India |
| 5 | Di sodium hydrogen phosphate Na_2HPO_4 | 99.99 | Central Drug House (CDH) India |
| 6 | Prothrombin time (PT) | 99.00 | Les Hautes Rives 02160, France |
| 7 | Activated partial Thromboplastin time (APTT) | 99.00 | Les Hautes Rives 02160, France |
| 8 | Calcium chloride KIT CaCl_2 | 99.99 | Canada |
| 9 | Potassium Citrate $\text{K}_3\text{C}_6\text{H}_5\text{O}_7$ | 99.99 | Nipigon Health Corp, Canada |

2.3 Sample Collection and Preparation

2.3.1 Materials

The edible carrots were obtained from a supermarket in Karbala. Chemical materials such as Na_3PO_4 (TSP) and NaBH_4 were obtained from Central Drug House (P) Ltd - CDH. AgNO_3 was obtained from Thomas baker. AuCl_3 was purchased from the Central Drug House (CDH) in India, as shown in **Table 2.2**. Distilled Deionized Water (DDW) was utilized throughout this study.

2.3.2 Preparation of Samples

In general, the material samples were either solid or liquid, therefore, various procedure were used to make them ready for analysis.

2.3.2.1 Preparation of CDs

Approximately five grams of Iraqi carrot (black or orange) were cut and placed in a flask, then 25 mL of 100 mM Na_3PO_4 (TSP) solution was added to this flask. The solution was refluxed by fitting a condenser on a round bottom flask, then placed on a magnetic stirrer hot plate. After two hours of heating at 60 ± 5 °C, the solution color was changed from colorless into brown at the end. This result indicates that carbonization yields CDs. Solutions were filtered by using a filter with a size of 0.45 μm . Then, the solutions were put in a clean test tube. The obtained solutions were irradiated with an ultraviolet light at wavelength of 360 nm to confirm the synthesis of CDs [112].

2.3.2.2 Preparation of Metal Nanoparticles

In this procedure, 200, 400, and 600 μL of CDs were added to the solution of (9.8 ml) distilled deionized water including 1 mM of AuCl_3 or AgNO_3 . Then, the

solutions were left unstirred for 10 or 12 hrs. The formation of NPs confirms when the color of the solution is changed by using 200 μL of CDs and 10 hrs [112].

2.3.2.3 Live Cell Imaging

Generally, the CDs were applied to make images of the live cells of Gram-negative and Gram-positive bacteria, such as *E. coli* and *S. aureus*, respectively [113]. Therefore, 1 mL of created CDs were incubated overnight along with cultured bacterial cells at condition of 0.5–0.6 optical density, wavelength at 660 nm, time of 2 hrs., temperature of 37°C in the dark. The cells were centrifuged (10 minutes at 1500 rpm), then washed three times with phosphate buffer solution (PBS). In the end, the particles were collected and suspended in a buffer solution. A blue-filtered Nikon Eclipse fluorescence microscope was used to observe the bacterial cell suspension by placing a drop of the cell on a cover slip of the microscope [112].

2.3.3 Clinical Study

2.3.3.1 Preparation of Blood Samples

In this study, blood samples were taken from ninety people (healthy and patients) (n=90) from Kerbala, and their ages ranged from 25 - 65 years, as shown in Table 2.3. All the samples were collected in the Teaching Al-Handia Hospital, laboratory of diagnosis. At least 2 mL of peripheral blood samples were collected using 3.2% sodium citrate tubes to prevent the clotting process from starting before the test [114]. Blood samples were centrifugated at 6000 rpm for 15 minutes in order to separate blood cells. Then, the mixture is left at 37°C of the period of 1-2 min. Excess quantities of ionized calcium were added to the mixtures to reduce the sodium citrate and allow clotting to start. Samples were analyzed using a Thrombotimer 4-channel instrument to determine the values of Prothrombin time (PT) and Activated Partial

Thromboplastin Time (aPTT). A plasma sample without NPs was used as a control. Neoplastin CI plus 5 kit was used to determine PT, while C.K. prest 2 reagent calcium (50 μ L) was used to measure aPTT [115]. In this part, the coagulation factors have been determined, as shown in the following sections.

Table 2.3: Study populations for different blood samples collected from Karbala, Iraq.

| Health Status | Gender | Smoking Activity | No. of Samples |
|---------------|--------------|------------------|----------------|
| Healthy | Male | Smokers | 15 |
| | | Non-smoker | 7 |
| | | Total | 22 |
| | Female | Smokers | 0 |
| | | Non-smoker | 8 |
| | | Total | 8 |
| | Total | Smokers | 15 |
| | | Non-smoker | 15 |
| | Total | 30 | |
| *Patient | Male | Smokers | 21 |
| | | Non-smoker | 15 |
| | | Total | 36 |
| | Female | Smokers | 9 |
| | | Non-smoker | 15 |
| | | Total | 24 |
| | Total | Smokers | 30 |
| | | Non-smoker | 30 |
| | Total | 60 | |
| Total | Male | Smokers | 36 |
| | | Non-smoker | 22 |
| | | Total | 58 |
| | Female | Smokers | 9 |
| | | Non-smoker | 23 |
| | | Total | 32 |
| Total | Smokers | 45 | |
| | Non-smoker | 45 | |
| | Total | 90 | |

*They have coagulation and take Aspirin.

2.3.3.2 Prothrombin Time test (PT)

The PT test is utilized to monitor patients taking drug and to identify clotting problems. This test is timed from the addition of the CaCl_2 until the plasma clots within the 11 -15 second range [116].

2.3.3.3 Partial Thromboplastin Time test (PTT)

The activated PTT represents the required time for a clot. Generally, the time for clot is equal to 35 seconds [117].

2.4 Instrumentation

The following subsections show the analytical techniques used in this study.

2.4.1 Fourier-transform infrared spectroscopy (FTIR)

The IR range of the spectrum includes radiation with wavelengths ranging from 10^3 to 10^5 nm. This region is divided into three parts, namely near-, mid-, and far-IR, as shown in **Table 2.4** [118].

| Table 2.4: IR spectral regions. | | | |
|--|--|---|--|
| Region | Wavelength (λ), μm | Wavenumber (ν), cm^{-1} | Frequencies (ν), Hz |
| Near | 0.78 to 2.5 | 12800 to 4000 | 3.8×10^{14} to 1.2×10^{14} |
| Middle | 2.5 to 50 | 4000 to 200 | 1.2×10^{14} to 6.0×10^{12} |
| Far | 50 to 1000 | 200 to 10 | 6.0×10^{12} to 3.0×10^{11} |
| Most used | 2.5 to 15 | 4000 to 670 | 1.2×10^{14} to 2.0×10^{13} |

In this region, absorption of radiation can occur by characteristic organic molecules resulting in vibrational, rotational, and blending modes, but the molecule will remain in its ground state.

The main use of FTIR with NMR and MS revolutionized organic chemistry due

to it decreased the time to confirm compound identification 10- 1000-fold. **Figures 2.1 and 2.2** show the general Scheme which examines the functional groups existing along with frequency region - 3600 cm^{-1} to 1200 cm^{-1} .

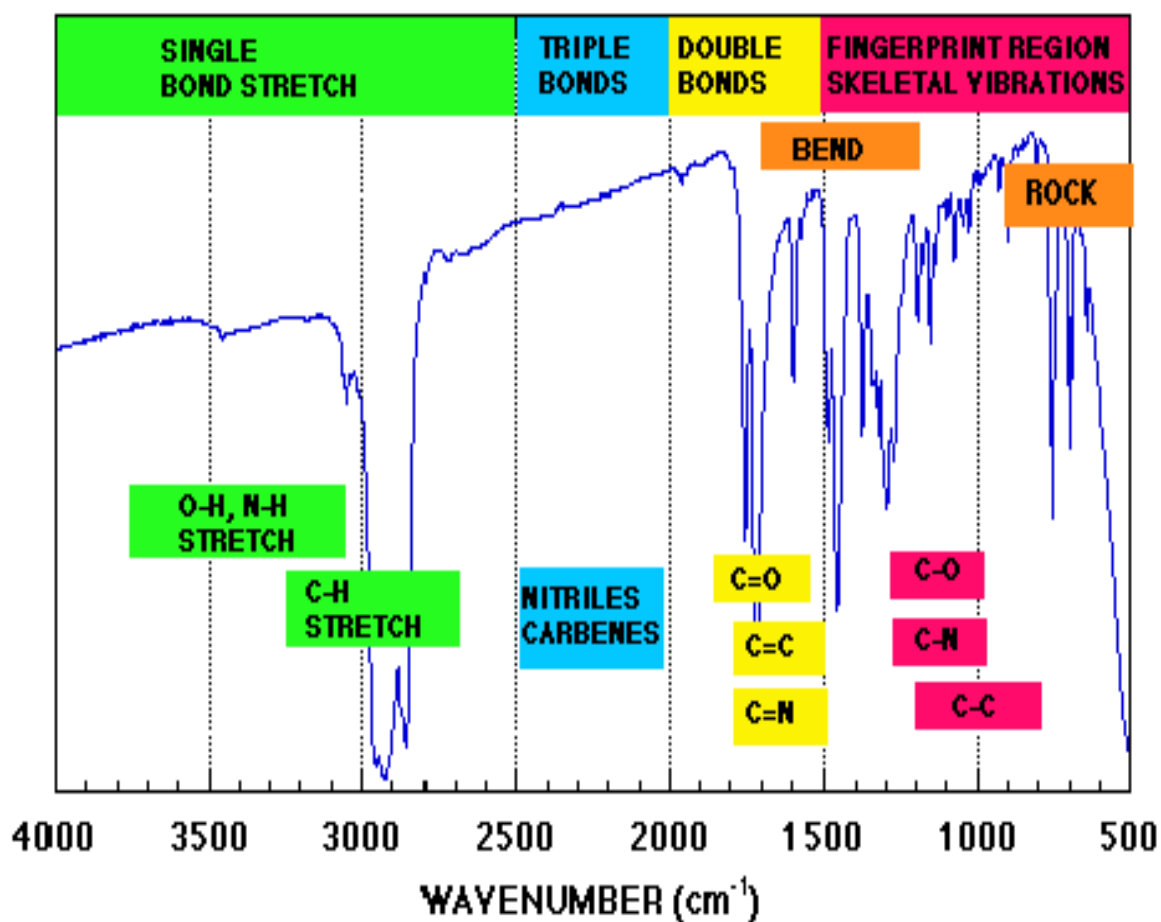


Figure 2.1: Functional groups are present at group frequency regions [119].

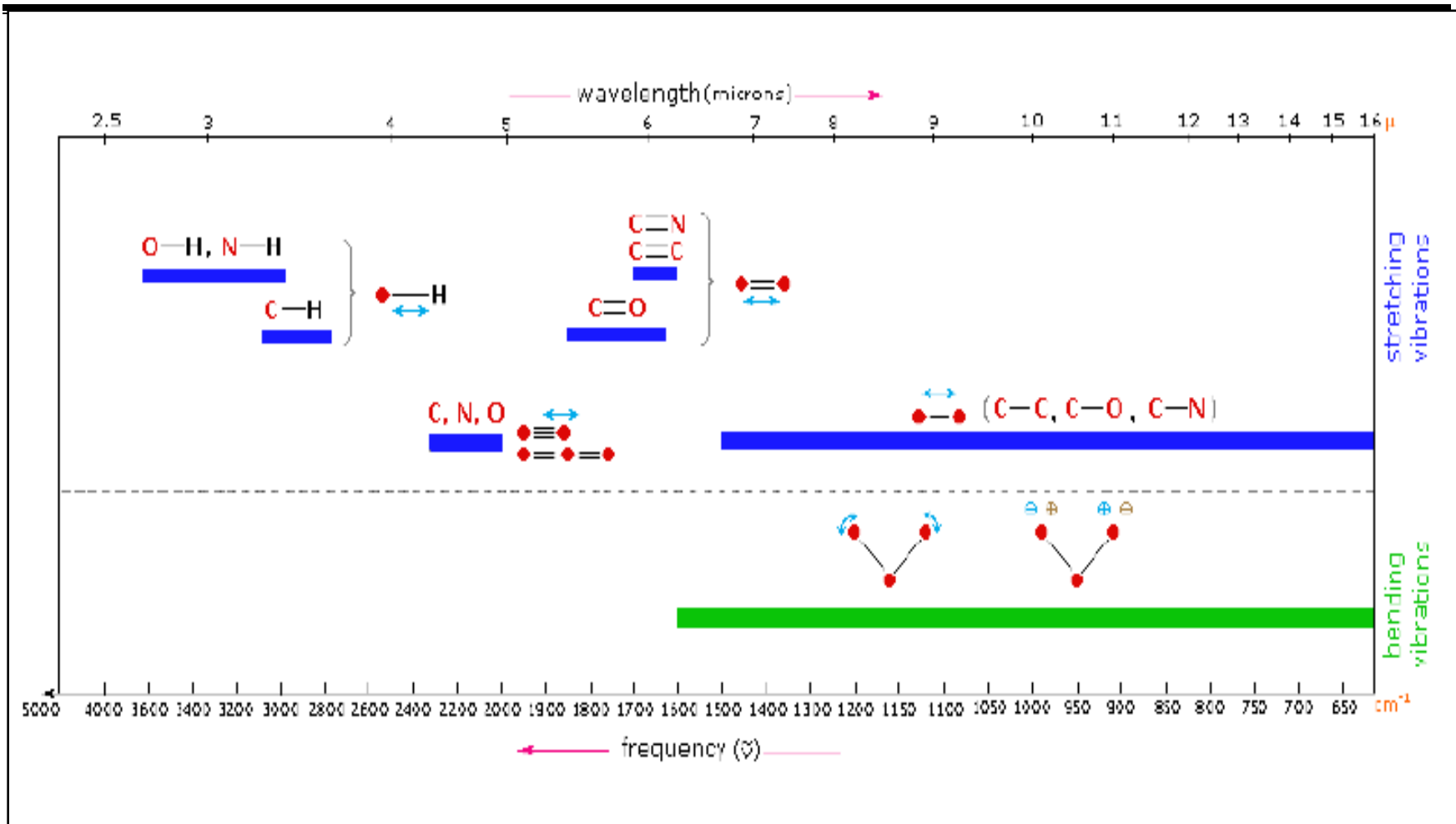


Figure 2.2: Group frequency regions at FT-IR chart [120].

2.4.2 X-ray Photoelectron Spectroscopy

X-ray photoelectron spectroscopy (XPS) is one of the most used surface analysis techniques. This technique is usually used to analyze the materials [121]. In XPS, the sample is irradiated with soft x-rays (energies lower than ~ 6 keV), and the kinetic energy of the emitted electrons is analyzed, as shown in **Figure 2.3**. The emitted photoelectron is the result of the complete transfer of the x-ray energy to a core-level electron [122].

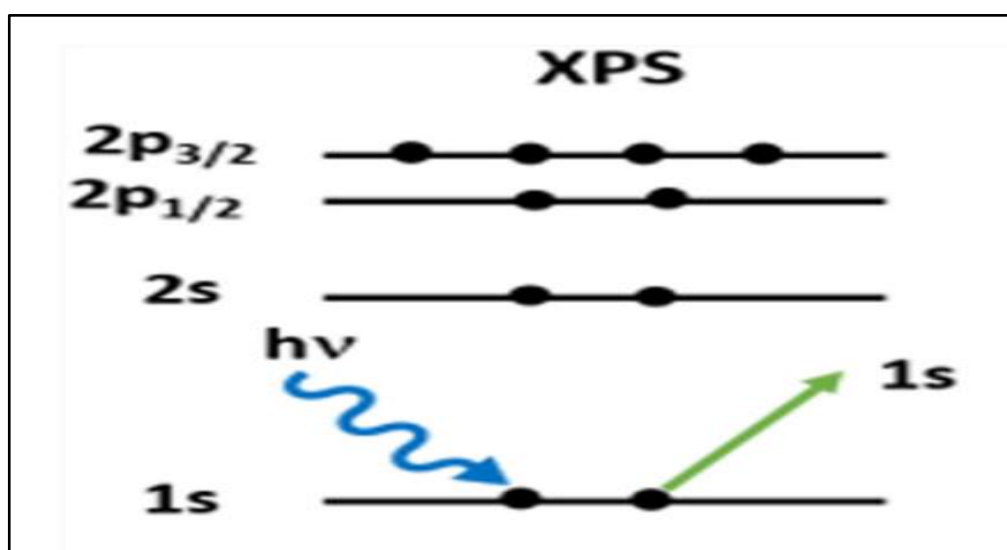


Figure 2.3: The emission of a photoelectron [120].

Figure 2.4 show the XPS survey spectra of polyethylene terephthalate (PET). This Survey can use to obtain basic elemental information and to look for the presence of unexpected elements in the sample [122].

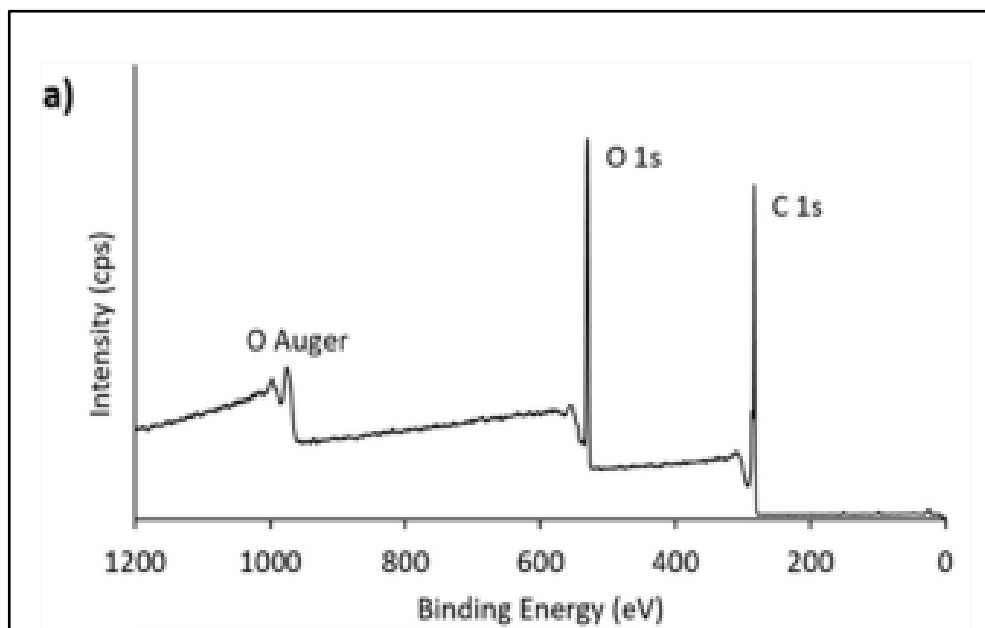


Figure 2.4: XPS survey spectrum for several elements [120].

2.4.3 Proton Nuclear magnetic resonance (^1H NMR) spectroscopy

This technique is used to determine the energy absorbed due to the changes in the nuclear spin state. The application of NMR spectroscopy to the study of proteins and nucleic acids has provided unique information on the dynamics and chemical kinetics of these systems. Furthermore, this technique can also provide structural information for the solutions of nucleic acids and proteins. Generally, ^1H and ^{13}C are the significant NMR functional nuclei in organic chemistry, but not all nuclei are suitable for NMR [123].

The location (chemical shift, δ) and shape (splitting or multiplicity) of the NMR signals provides valuable information about the chemical environment of the nuclei [124], as shown in Figure 2.9.

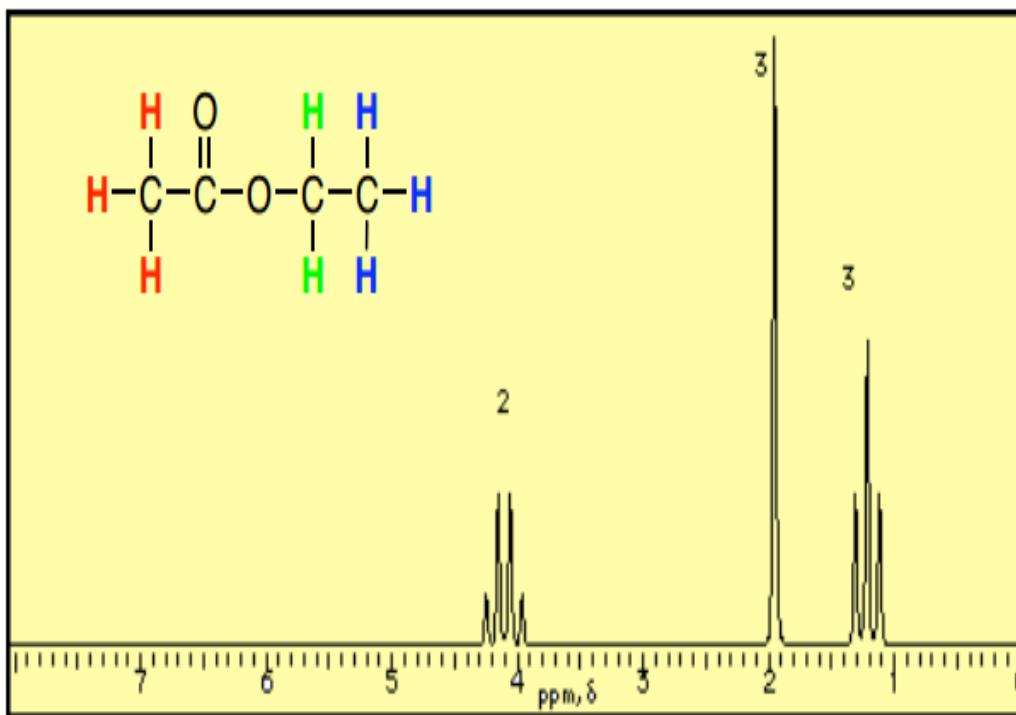


Figure 2.5: The location (chemical shift, δ) and shape (splitting or multiplicity) of the NMR signals.

2.4.4 Scanning Electron Microscopy (SEM)

Scanning Electron Microscopy (SEM) is a useful technique for the following purposes [125]:

- The surface features of an object or how it looks, its texture (Topography);
- The shape and size of the particles making up the object (Morphology);
- The elements and compounds that the object is composed of and the relative amount of them (Morphology); and
- How the atoms are arranged in the object (Crystallography).

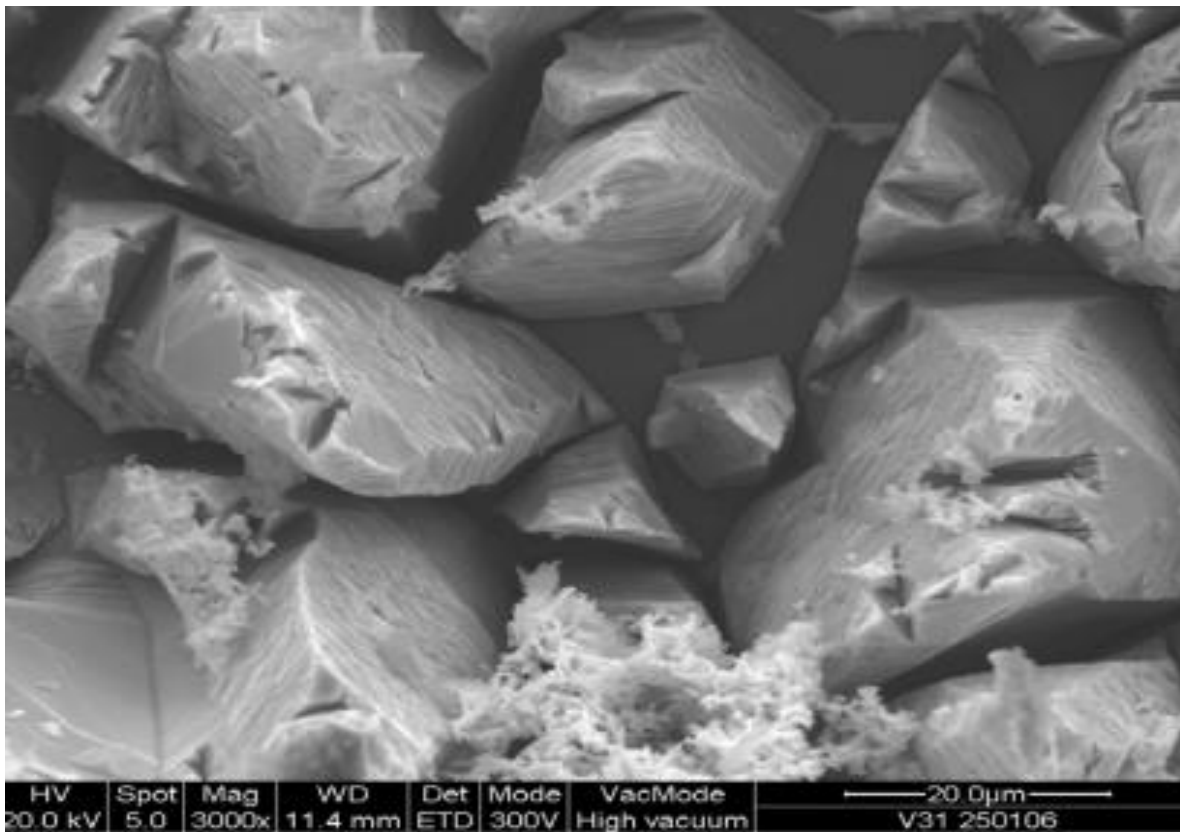


Figure 2.6: SEM image.

2.4.4.1 Effect of Accelerating Voltage

the resolution is improved with increased accelerating voltage.

2.4.4.2 Effect of Working Distance

The depth of field increases with working distance.

2.4.4.3 Effect of Spot Size

The depth of field is improved in the lower spot size image.

2.4.5 Energy dispersive X-ray spectroscopy (EDX)

It is one of the analytical techniques that allow the chemical characterization and elemental analysis of materials. In this technique, a sample will excite by energy and some of this energy will dissipate by ejecting a core-shell electron. Then, one of the outer-shell electrons has a higher energy to fill its place. This will lead to the release of the difference in energy as an X-ray that has a typical spectrum depending upon its atom of origin. The main advantage of this analysis is to use to carry out the compositional analysis for the volume of the sample that was excited by the energy source [126]. Therefore, qualitative analysis (position of the peaks in the spectrum) and quantitative analysis (intensity of the signal corresponds to the concentration) can apply to the elements in the samples.

Chapter Three

Results and Discussion

3.0 Introduction

In this chapter, the results of the synthesis of CDs and its applications in different fields have been described. The results of FT-IR, ¹H NMR, EDX, SEM, and XPS were reported and discussed for prepared CDs, as shown in Sections 3.1.1.1-3.1.1.5. For application purposes EDX, and SEM have also been performed for silver and gold nanoparticles, as shown in Sections 3.1.2.1-3.1.2.2. In addition, Fluorescence Microscope was used to identify the ability to use CDs to image the live cells, namely Gram-positive bacteria *S. aureus* and Gram-negative bacteria, *E. coli.*, as shown in Section 3.1.2.1. Furthermore, the CDs were also used to prepare the metal nanoparticles, namely for silver and gold, as described in Section.

3.1 Results and Discussion

The findings of CDs were divided into two parts, synthesis of CDs and its applications.

3.1.1 Synthesis of Carbon Dots (CDs)

In this synthesis, a simple procedure was used by mixing the edible carrot and aqueous trisodium phosphate (TSP), then the mixture was refluxed in order to prepare blue color luminescent carbon dots (CDs). Generally, heating carbohydrates by using a strong alkali such as NaOH is recognized for preparing CDs [127]. In this study, trisodium phosphate (TSP) was replaced instead of sodium hydroxide due to sodium hydroxide can make important damage when not managed safely. In addition, using a 1% solution of trisodium phosphate is adequately alkaline with pH 12 [128]. It was found that the carrot materials recognize a rich source for free sugars [129]. Therefore, it was used to synthesize CDs by heating it for 3 - 5 hours in water to generate a pale-yellow solution of carrot extract (CE). A previous study has shown

that the aqueous solution of carrot extract exposed the existence of amino acids and carbohydrates. The brown color of the solution is referred to the synthesise of CDs throughout the method of carbonization [130].

A 3-D fluorescence technique was used to determine the optimal peak and wavelength of excitation and emission for CDs, as shown in Figure 3.1. It was found that the emission spectrum of CDs at 450 nm is varying from the excitation spectrum wavelength, as presented in Figure 3.2. This represents the typical emission of the blue luminescent fluoroiphore, as reported in the literature [130]. Figure 3.2 explains that the 2-D excitation spectra showed a maximum wavelength of 365 nm by setting the emission maximum at 450 nm [131].

Several techniques were used to produce luminescent CDs such as Fourier-transform infrared (FTIR), Scanning Electron Microscopy (SEM), ^1H NMR spectroscopy, X-ray photoelectron spectroscopy (XPS).

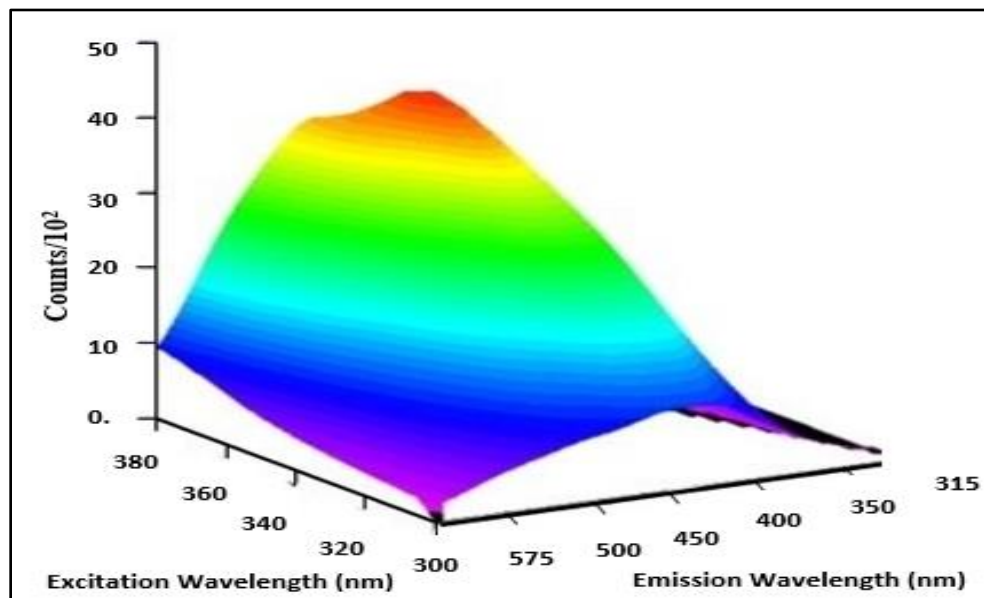


Figure 3.1: 3-D fluorescence spectra of CDs

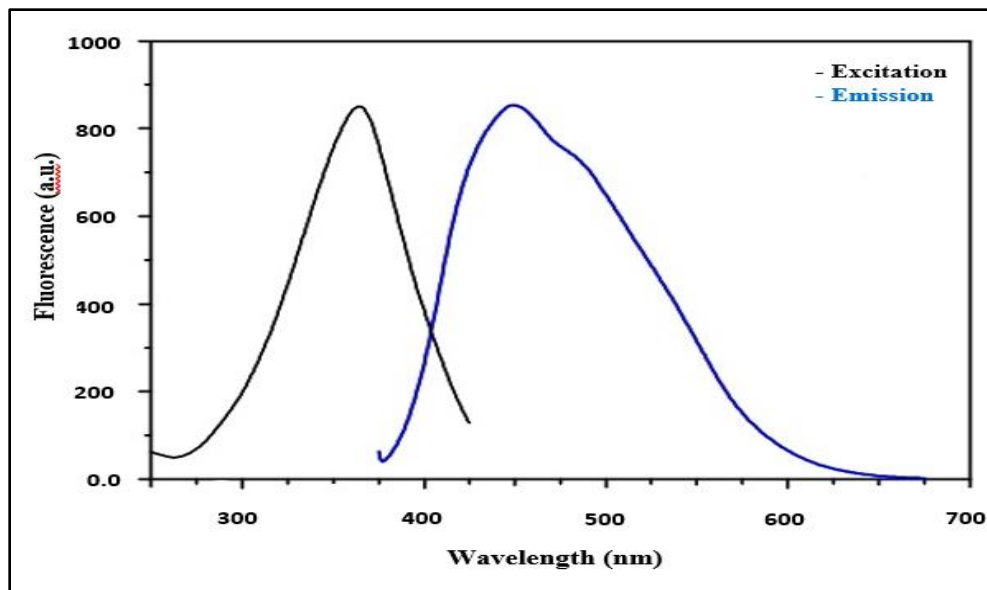


Figure 3.2: Excitation and emission spectra of CDs.

3.1.1.1 FT-IR analysis of Carbon Dots

The results show that the Carbon Dots (CDs) produced during the carbonization process. This result is suggested that there are numerous functional groups working to protect the CDs. These functional groups were studied using FTIR spectrum, and results of CDs and Carrot Extract (CE) obtained from orange carrots are shown in Figures 3-3 and 3-4. The peaks corresponding to -OH (broad) and -NH (stretching) were seen at 3236 and 3259 cm^{-1} , respectively. The peaks associated to -CH (stretching) were found at 2916, 2850 cm^{-1} and 2924 cm^{-1} . On the other hand, the peaks associated with bending vibrations of -CH were found at 1396 and 1400 cm^{-1} . The peaks corresponding to pyranose form of sugar were found at 1045 and 1072 cm^{-1} . The peaks at 1566 and 1585 cm^{-1} is associated with C=C (vibrations). The results indicate that CDs have a sharp peak at 1566 cm^{-1} in comparison to CE. On the other hand, there are two peaks, namely 1728 and 1647 cm^{-1} were found to corresponding to -C=O in the carrot extract, while these peaks were lost in CDs. This result indicates that the carbonyl group-including phytonutrients suffer

carbonization and produce more sp² hybridized carbon. Figure 3.5 indicates that the peaks associated with the functional groups are approximately found in CE and C

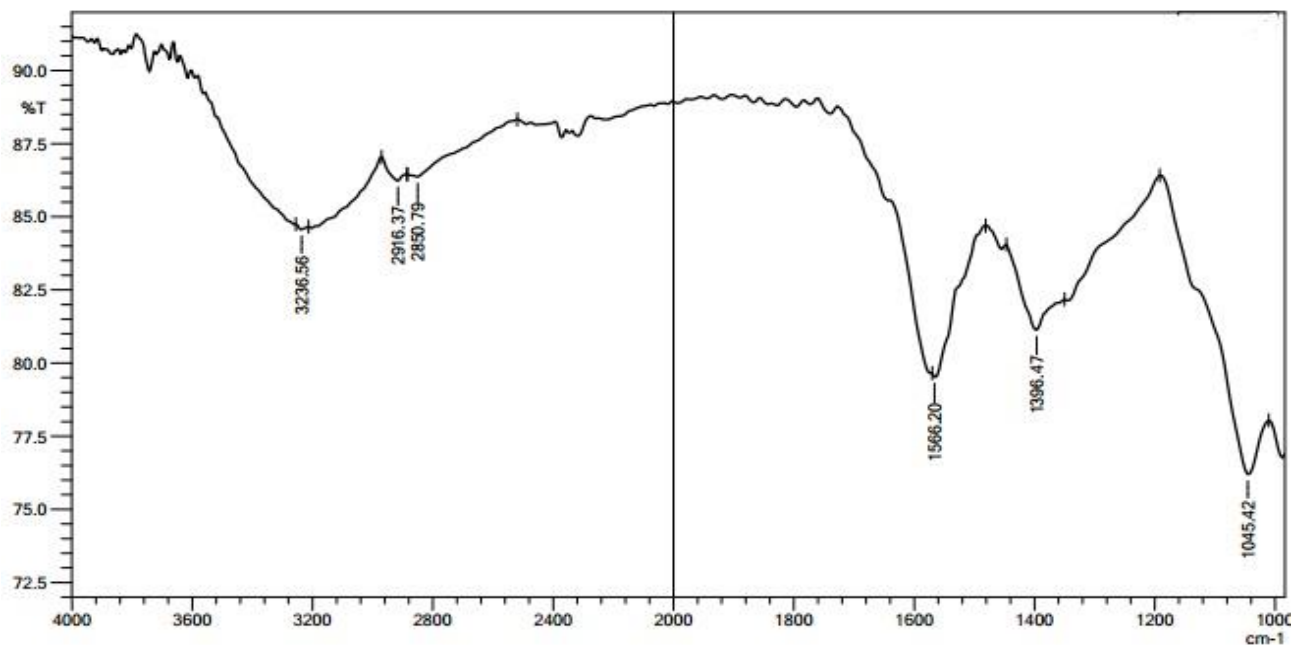


Figure 3.3: FTIR spectra of carbon dots (CDs) extracted from orange carrot.

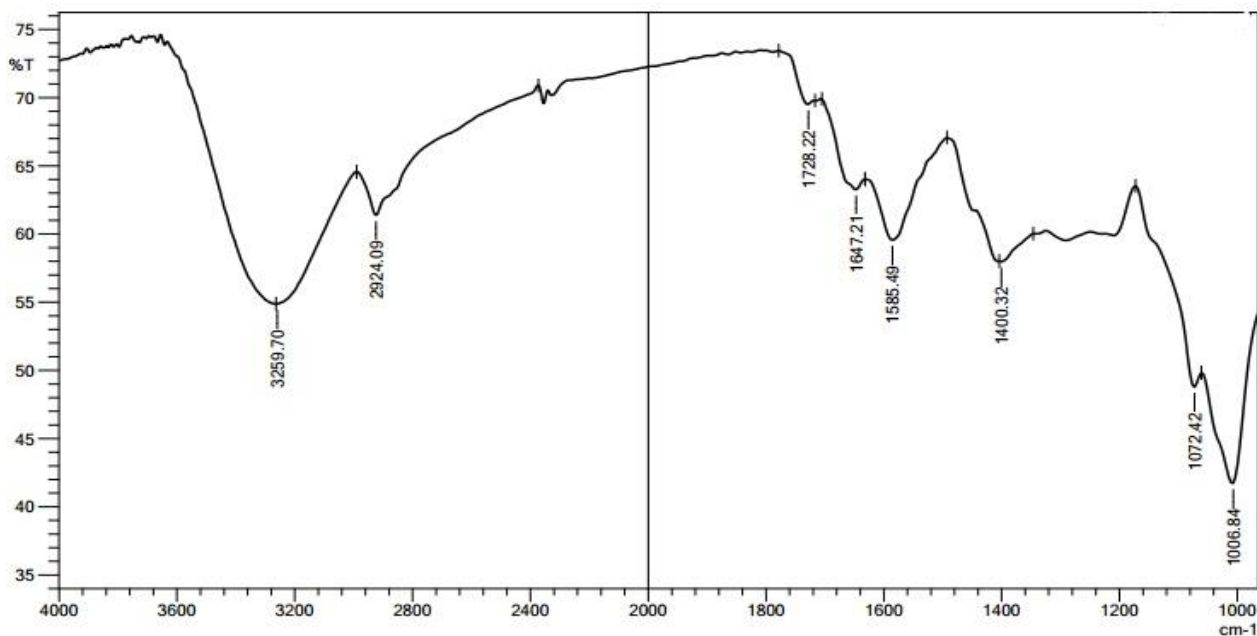


Figure 3.4: FTIR spectra of orange carrot extract (CE).

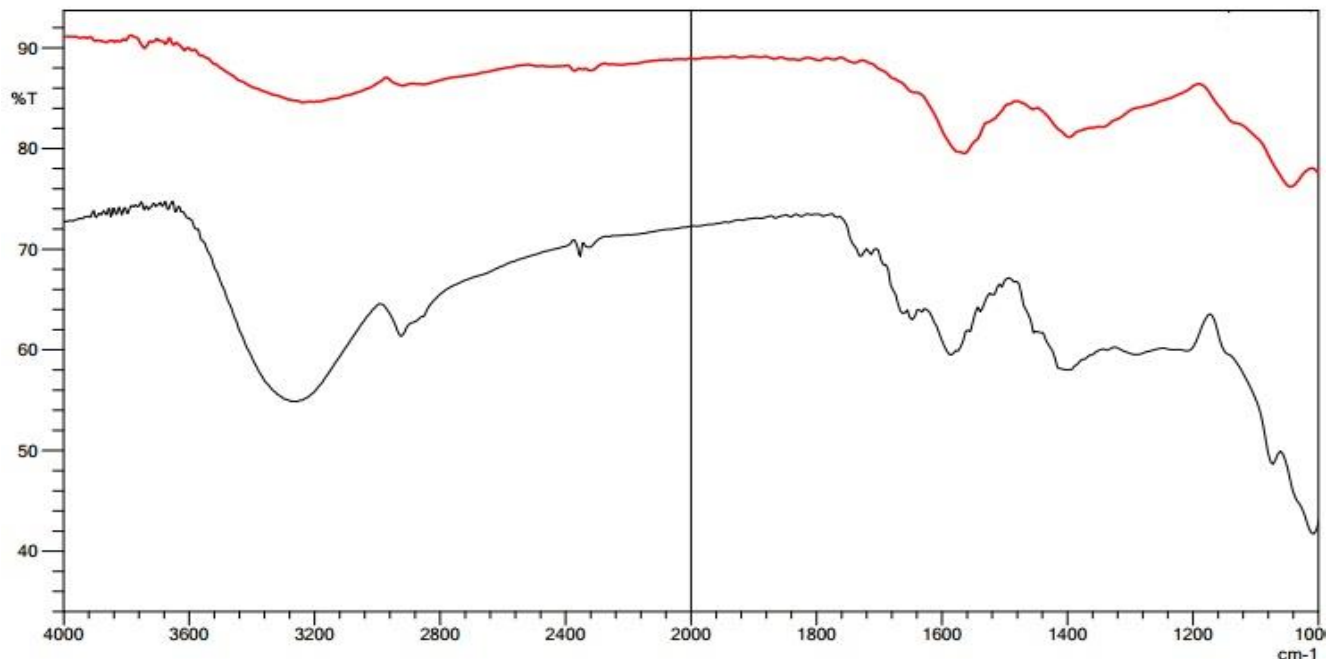


Figure 3.5: FTIR spectrum of orange CE (black color) and CDs (red color).

3.1.1.2 X-ray photoelectron spectroscopy (XPS)

The X-ray photoelectron spectroscopy (XPS) was used to analyze the functional group found on the CDs surface as shown in the XPS spectrum (Figures 3.6 and 3.10). The elemental information and unexpected elements in the sample have been determined by using the XPS spectrum. It was found that the CDs sample contains carbon and oxygen as expected [132]. Figure 3.6 shows the XPS survey spectrum of CDs which is including two peaks (binding at 285 and 535 eV) associated with C1s and O1s, respectively. The spectrum of C1s XPS is showed three carbon type at 284, and 286 eV, which can be associated with C-C/C=C, and C-O, respectively. The results are agreement with those reported by using FTIR study and indicate that C=C may be result in a series of emissive traps between π and π^* to yield blue-emitting CDs [132].

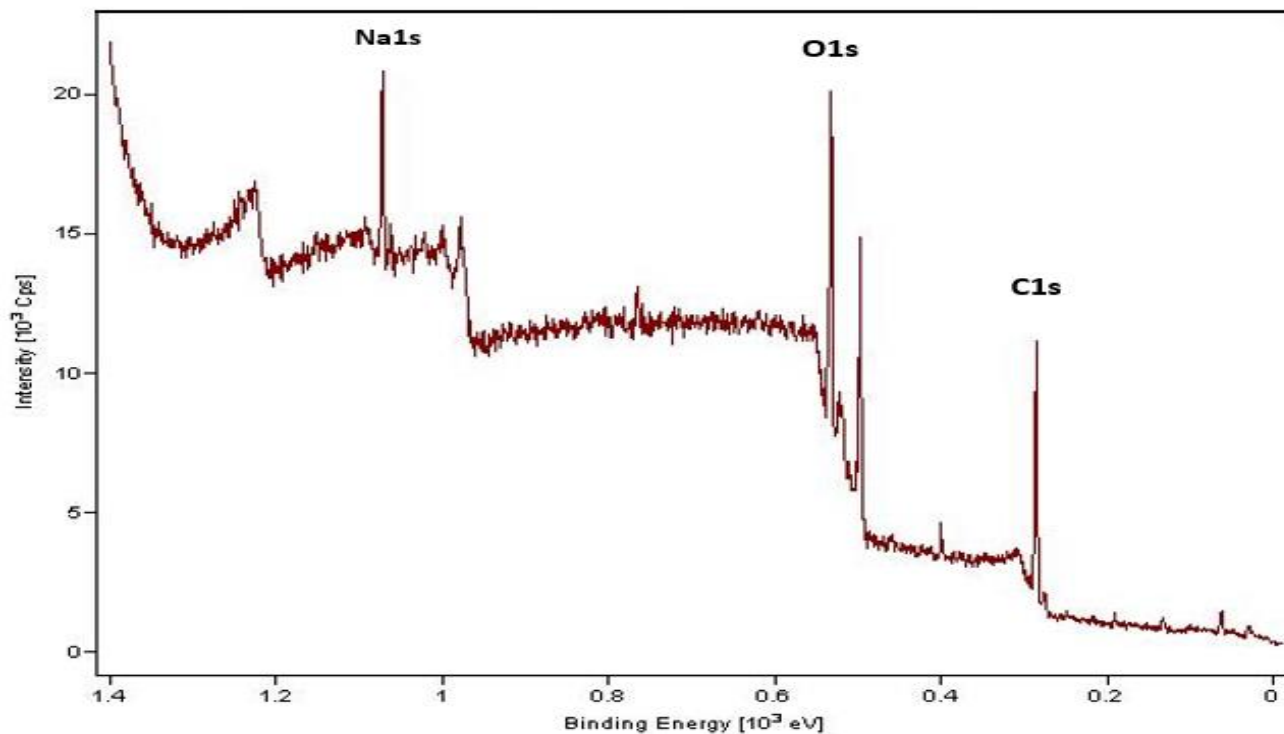
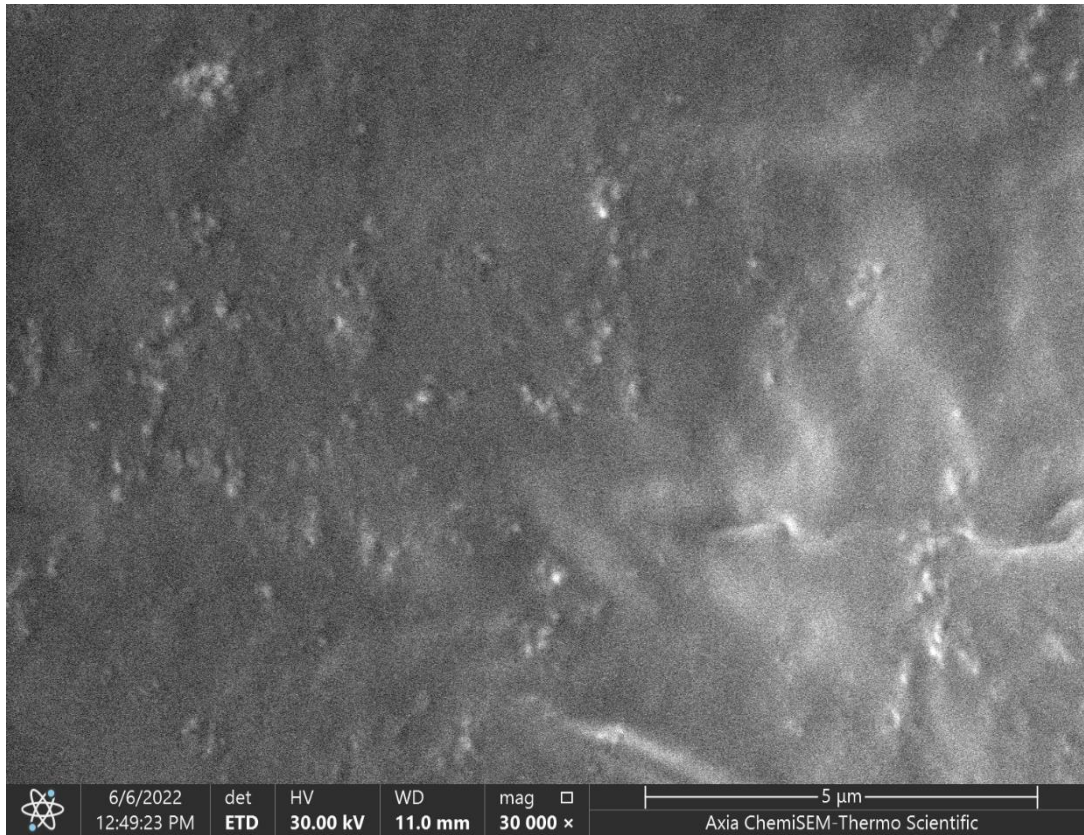


Figure 3.6: XPS spectrum of orange carrot CDs

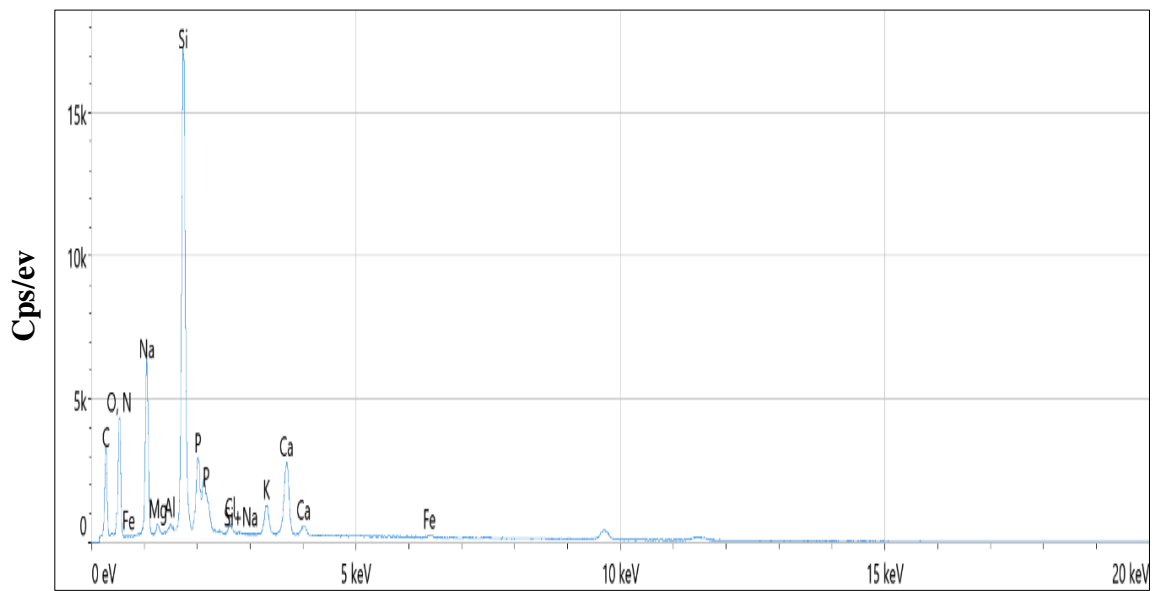
3.1.1.3 Energy Dispersive X-Ray Spectroscopy (EDX)

Energy-dispersive X-ray analysis (EDX) is a method utilized for the determination of nanoparticles (NPs) by SEM. In this method, the NPs are measured by activation utilized an EDS X-ray spectrophotometer, which is presented in modern SEM [133]. The results confirmed that the carbon is found in the samples. Figure 3.7 (a) shows a peak around 0.25 keV is the binding energy of the carbon in CDs NPs. Therefore, an EDX spectrum was used to identify carbon inside the NPs. The spectrum of X-ray (EDX) confirms the presence of C (24.3 Wt%), N (3.1 Wt%), O (30.0 Wt%), Na (13.6 Wt%), Mg (0.5 Wt%), Al (0.2 Wt%), Si (19.9 Wt%), P (1.9 Wt%), Cl (0.5 Wt%), K (1.5 Wt%), Ca (4.1 Wt%), Fe (0.2 Wt%), and Ni (0.1 Wt%) in the carrot composite (Figures 3.7 (b) and 3.7 (c)).

(a)



(b)



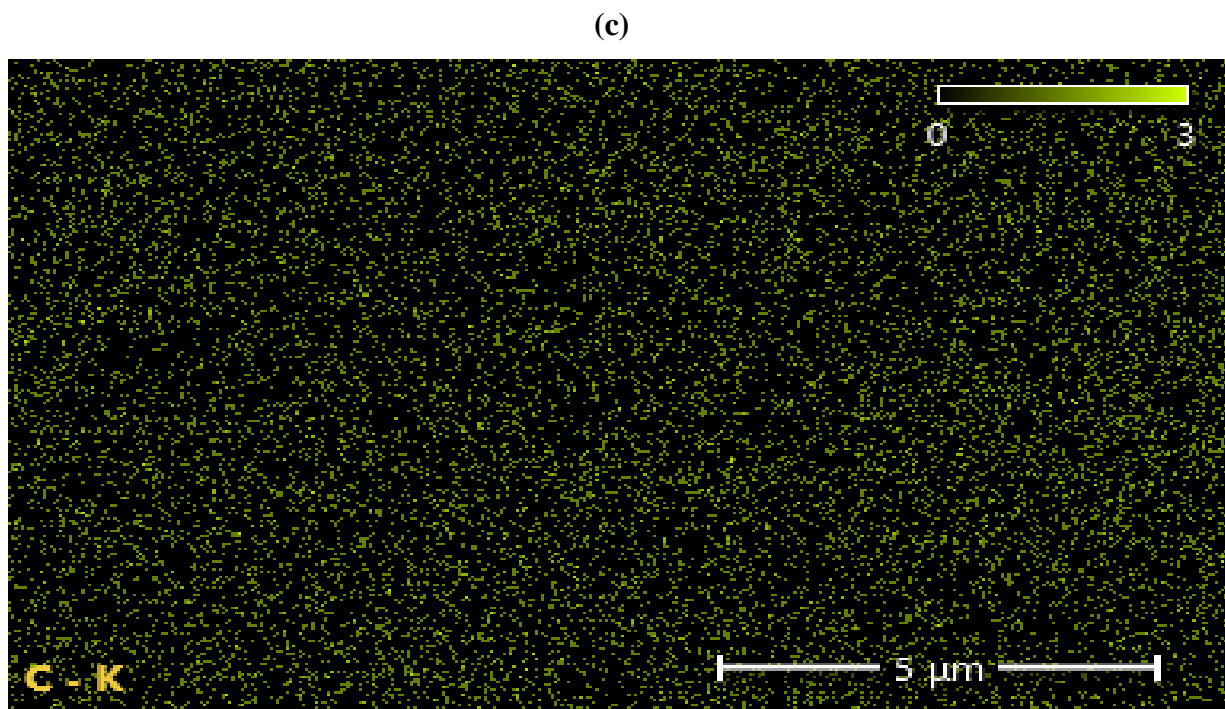


Figure 3.7: (a) SEM image, (b) EDX analysis, and (c) Elemental mapping analysis of CDs particles by using an orange carrot.

3.1.1.4 ^1H NMR spectra

In the last few decades, important efforts of research have been spent to understand the mechanism of the formation of CDs [131, 134, 135]. Generally, the suggested mechanisms of bottom-up synthesis depend on the following steps: (i) pyrolysis of carbon-rich precursors at elevated temperatures; which leads to (ii) carbonization and nucleation; followed or accompanied by (iii) surface passivation with stabilizing agents [136]. This is suggested that any carbohydrate-containing C, H, and O in the ratio of 1:2:1, where H and O exist in a form that allows dehydration under hydrothermal conditions, can be used for the preparation of CDs, as shown in Figure 3.8.

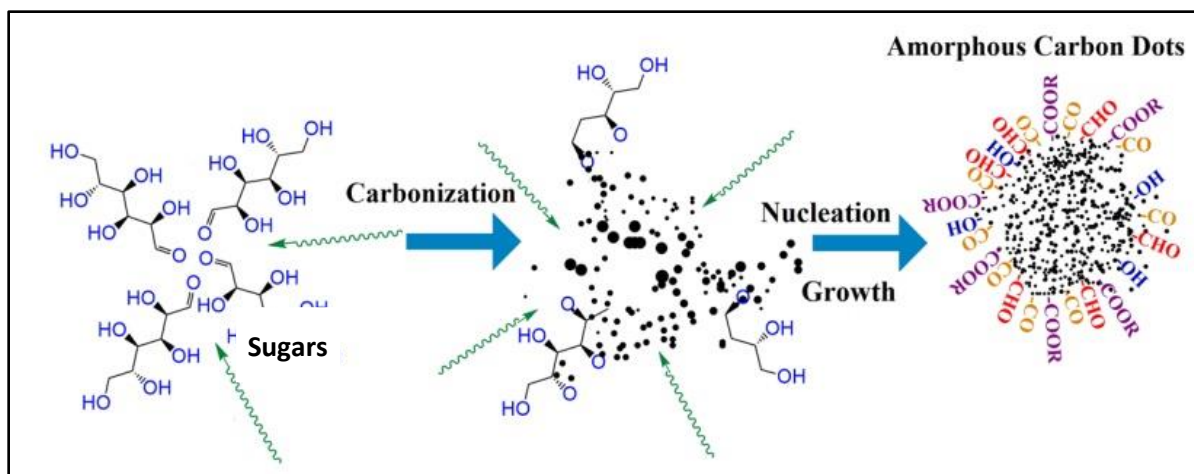


Figure 3.8: Schematic diagram of the mechanism of formation of self-passivated CDs from sugars [131].

A Bruker 300 MHz apparatus was used to measure the ^1H NMR spectrum. The ^1H NMR spectra of Carbone dots (CDs) and carrot extract (CE) are shown in Figure 3.9. It was found that signals found for 3 and 4 ppm in the CE disappeared completely in the case of carbon dots. This result confirms that sugars have suffered from the carbonization process. The resonance associated with the protons involved in methyl and methylene is found between 1 and 2 ppm. But the resonance of 2.5 ppm is corresponding to the protons connected to carbonyl groups. Comparison between CE and CDs showed the peak at 2.2 ppm disappears completely in CDs compared CE. The main reason is that the carbonyl residues disappeared, and the aromatic clusters are formed. Based on the above evidence and reports from others, the phytonutrients suffer from the two process such as dehydration and decomposition in the presence of sodium phosphate and the yields formed may suffer polymerization to form clusters[134, 135]. Once these clusters reach the critical supersaturating concentration, they will undergo carbonization and aromatization, resulting in a nuclear burst of aromatic clusters to produce blue color-emitting CDs.

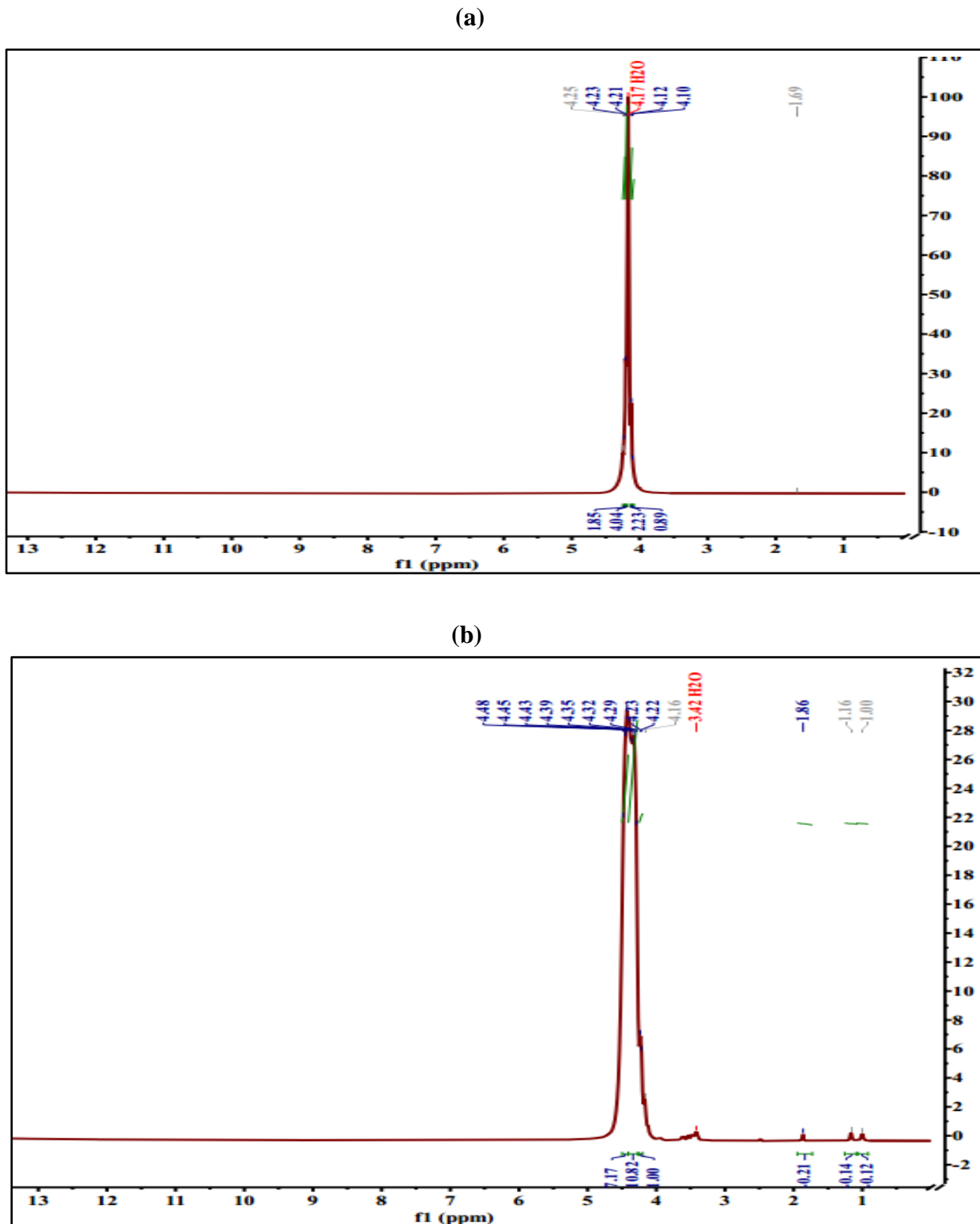
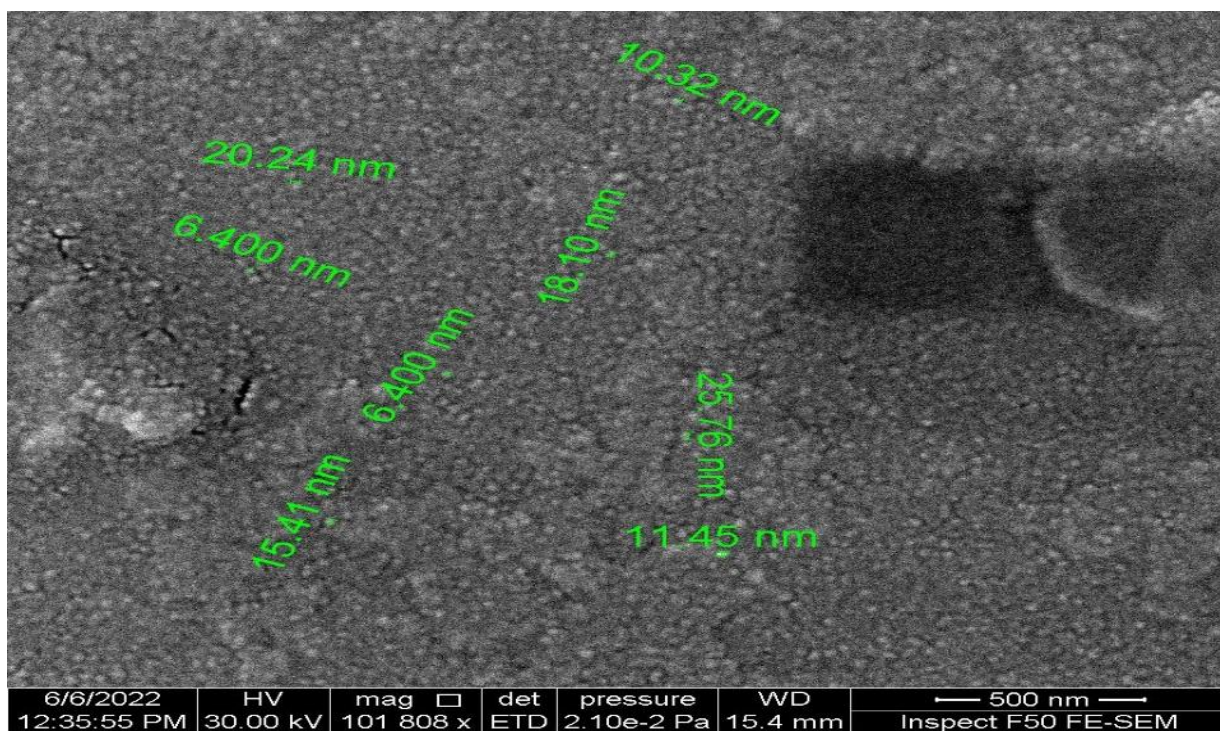


Figure 3.9: ^1H NMR spectra of (a) carbon dots and (b) carrot extract

3.1.1.5 Scanning Electron Microscopy (SEM)

A scanning electron microscope (SEM) was used to produce images of CDs samples by scanning the surface with a focused beam of electrons. These electrons will interact with atoms in the CDs sample, producing various signals that contain information about the surface topography and composition of the sample. Figure 3.10 shows the Scanning electron microscope (SEM) and High-Resolution SEM images of pure carbon dots (CDs). The results show that the size of CDs obtained from carrot was found in the range of 6.40 – 25.76 nm, as shown in Figure 3.10 (a). The SEM morphology of the synthesized of CDs is shown that the carbon dots are approximately spherical, uniform in distribution and size, and it might have a strong agglomeration effect, as presented in Figure 3.10 (b).

(a)



(b)

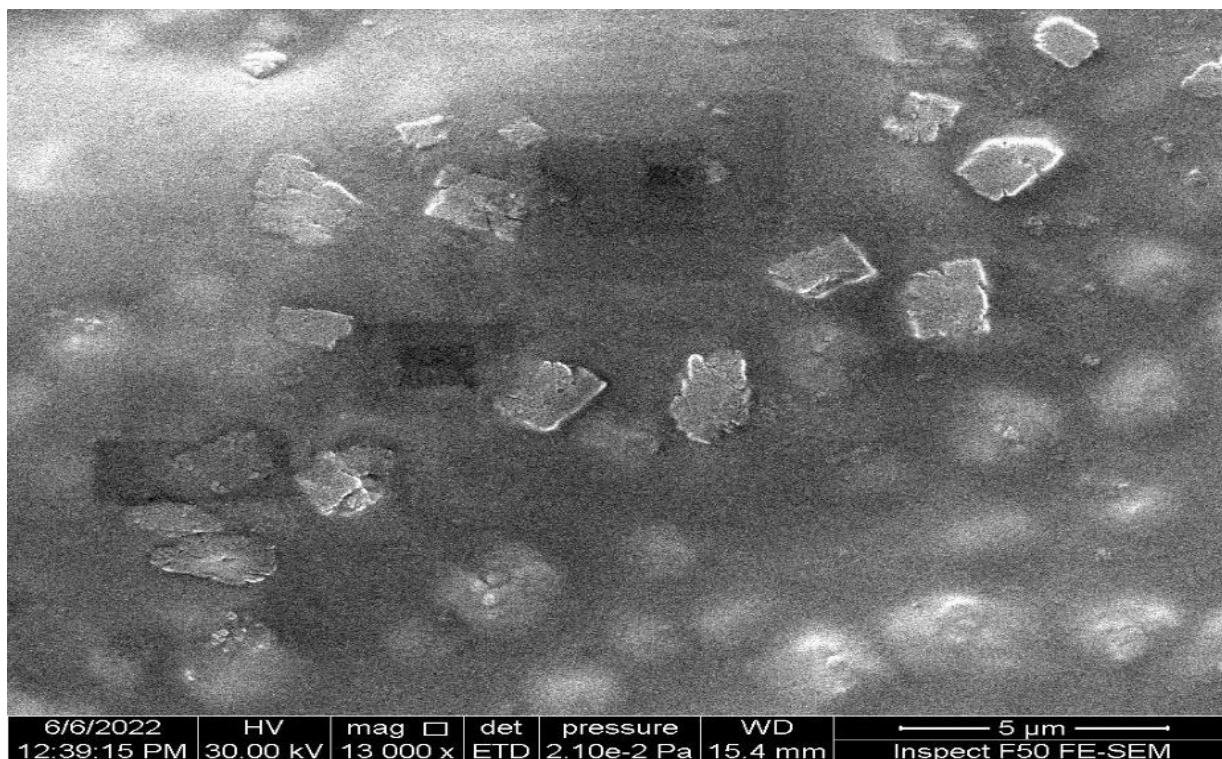


Figure 3.10: SEM images of CDs: (a) SEM image: and (b) High-resolution SEM image.

3.1.2 Applications

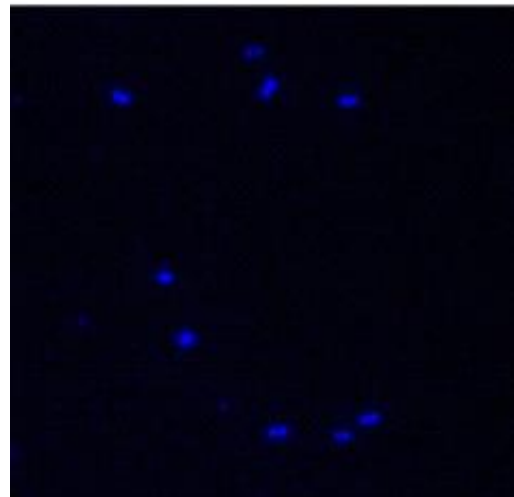
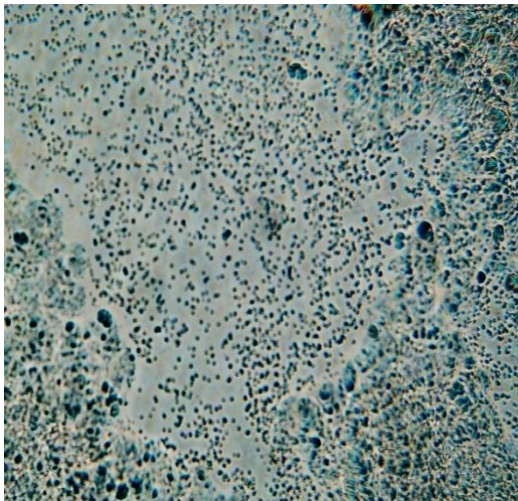
3.1.2.1 Live cell imaging

In this research, the probability of applying CDs to imaging live cells by fluorescence microscopy has been investigated. Therefore, two types of organisms were selected for this bioimaging study namely, *E. coli* and *S. aureus*. The bacteria cells were pre-exposed to CDs and washed by using PBS buffer and drop-cast onto a cover slip. As a result, in the viewing by using a blue filter through a fluorescence microscope, luminescent blue cells have been observed. It was found that *E. coli* and *S. aureus* were found to have clearly visible rod-shaped morphology and cocci-shaped morphology, respectively through labeling with blue fluorescence CDs, as shown in Figure 3.11. Significantly, CDs labels both *E. coli* and *S. aureus*

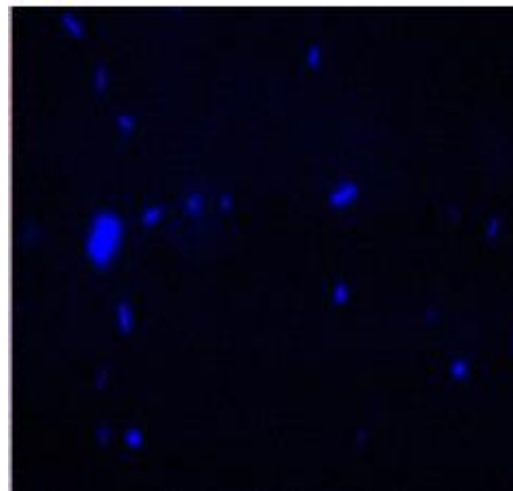
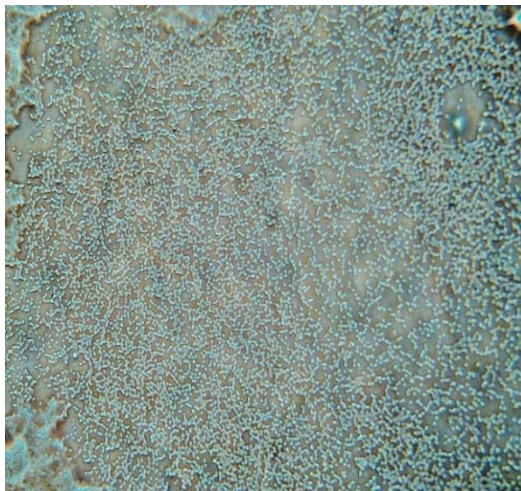
nevertheless of their variance in the outer membrane constituents. However, further research is needed to outline the mechanism of labeling.

(Bright field)

(Fluorescence)



(a)

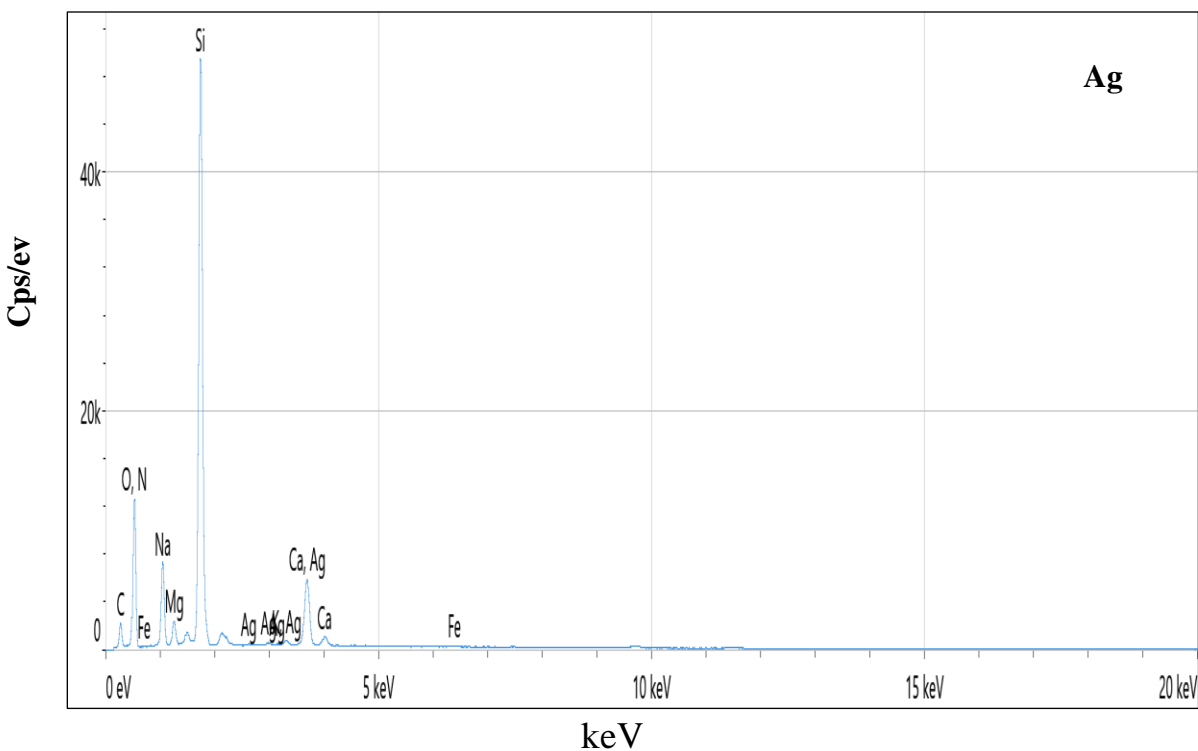


(b)

Figure 3.11: Fluorescence pictures of (a) *E. coli* and (b) *S. aureus* cells marked with carbon dots.

3.1.2.2 Metal Nanoparticles

The results from the X-ray (EDX) spectrum confirmed that Ag and Au are found in the solutions. The results show that the peaks around 2.1 and 3.6 Kev is the binding energy of gold and silver, respectively in the sample, as shown in Figure 3.12. In addition to Ag and Au, there are several metals have been found in the samples. As described in Section 3.1.13, the nanoparticles are analyzed by activation using an EDX-ray spectrophotometer, which is generally present in modern SEM, therefore, Figure 3.13 shows the SEM images for As and Au. Silver and gold mapping analysis are also shown in Figure 3.14.



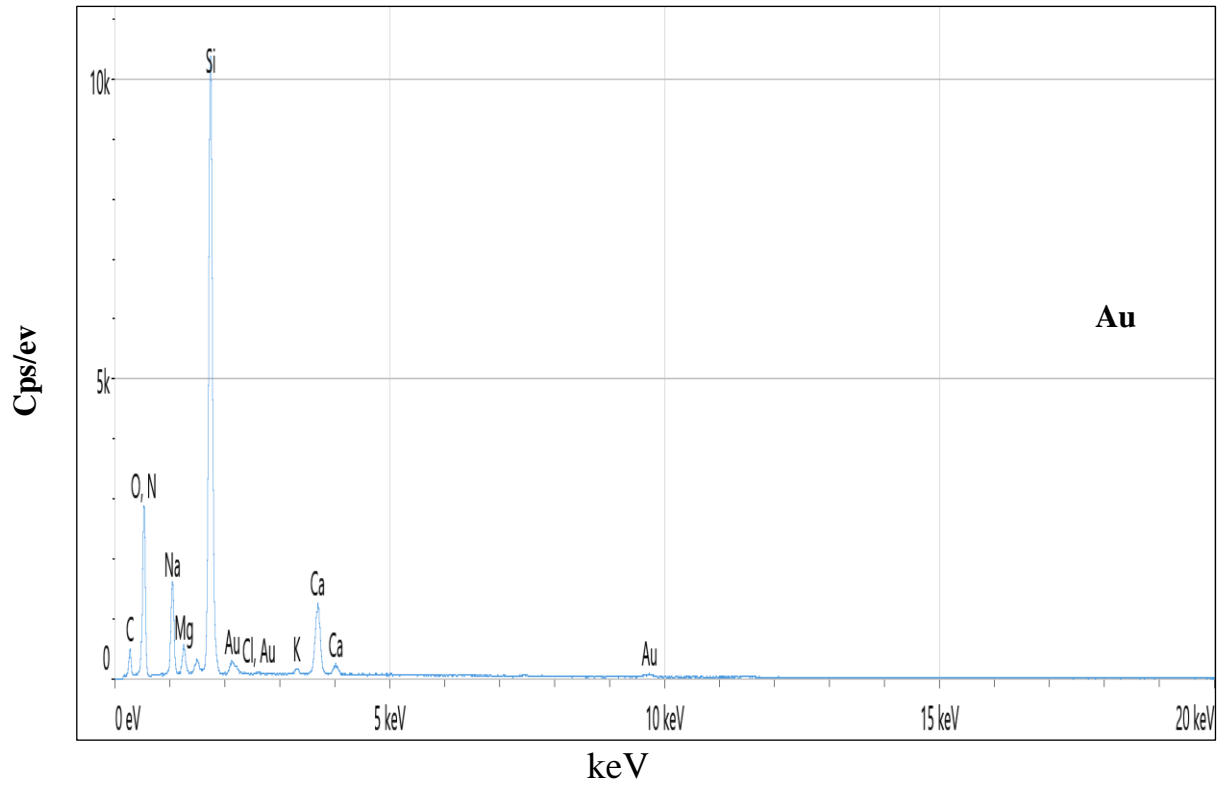
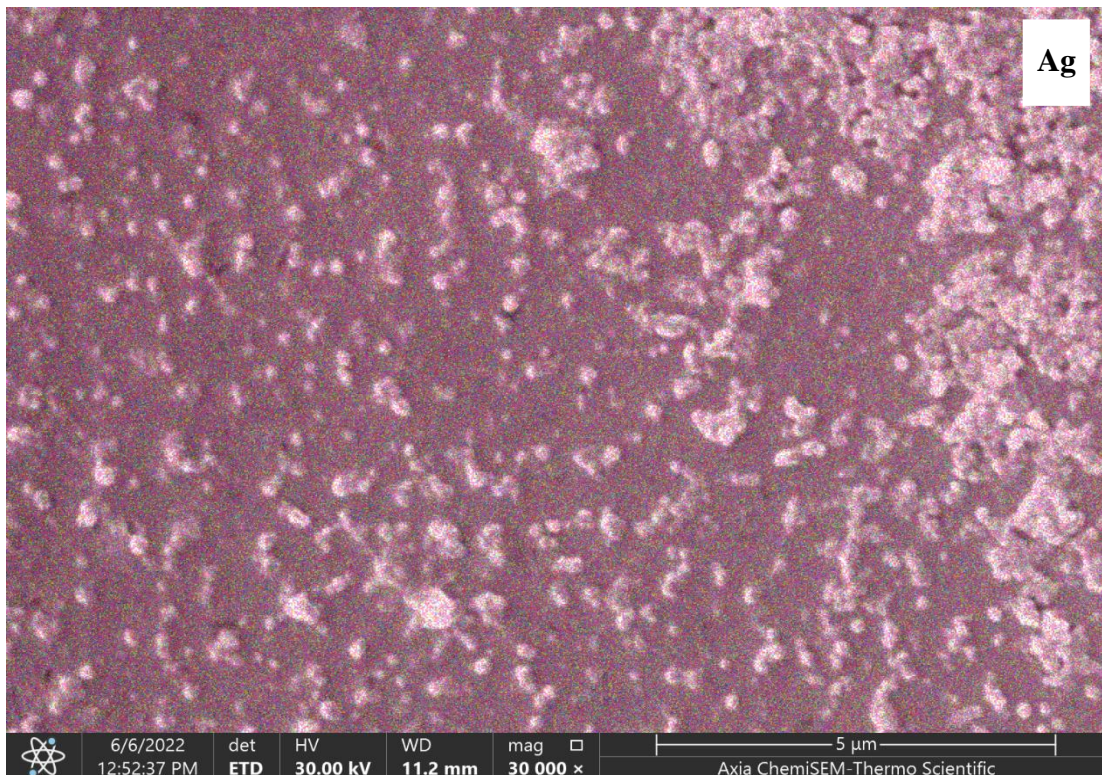


Figure 3.12: EDX analysis for Ag and Au.



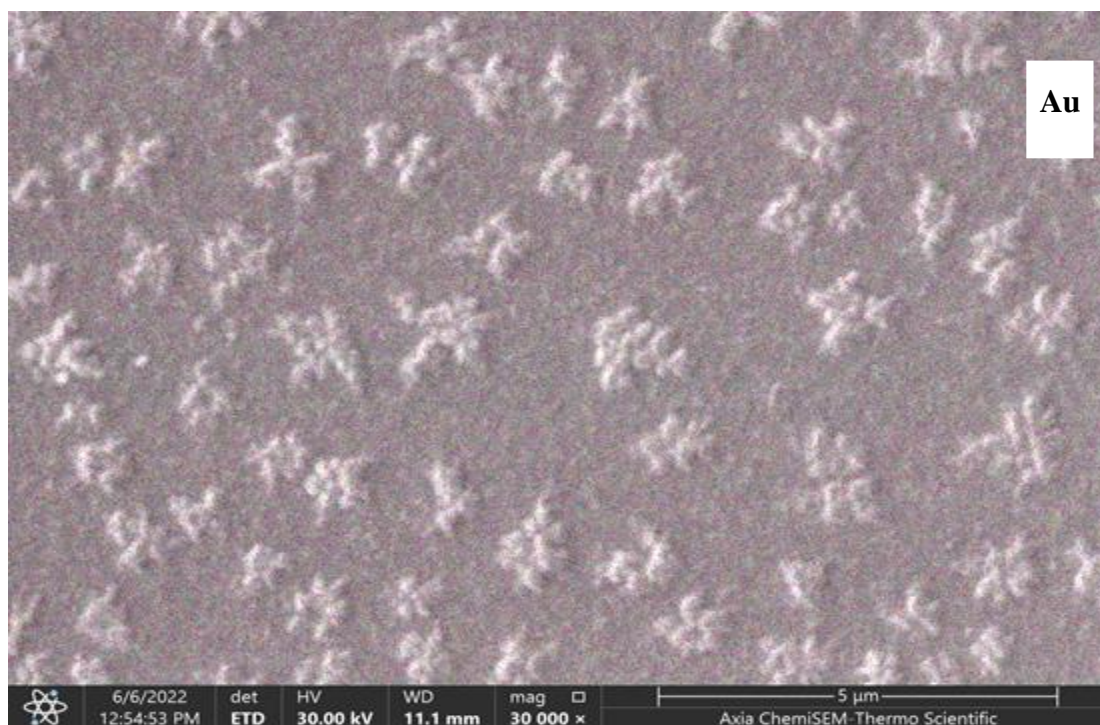
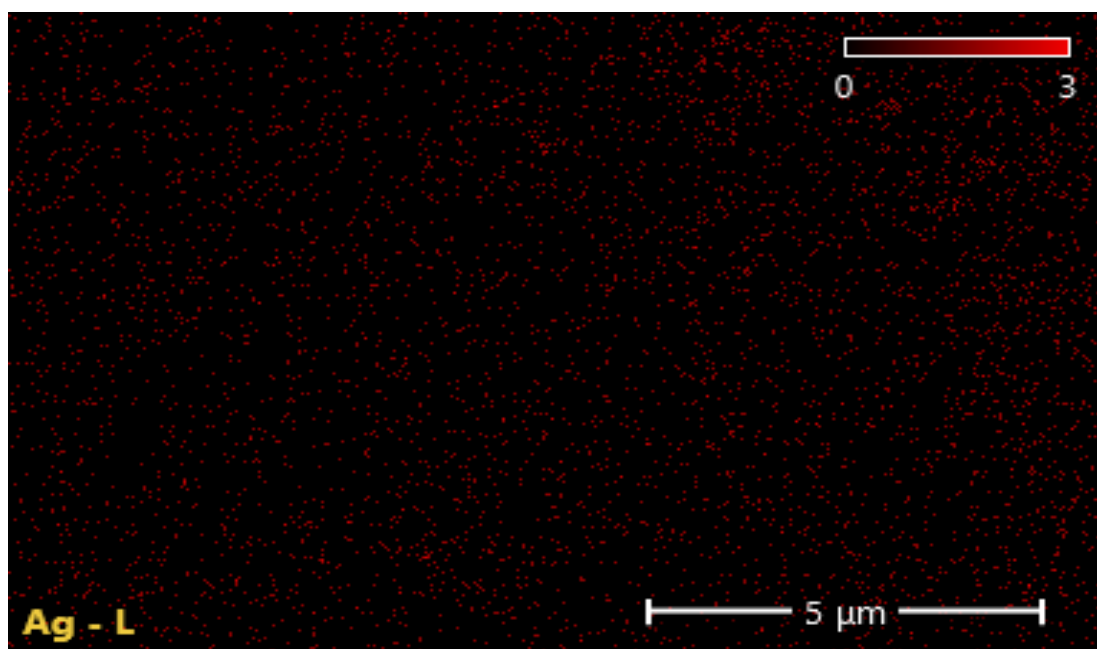


Figure 3.13: SEM images for Ag and Au



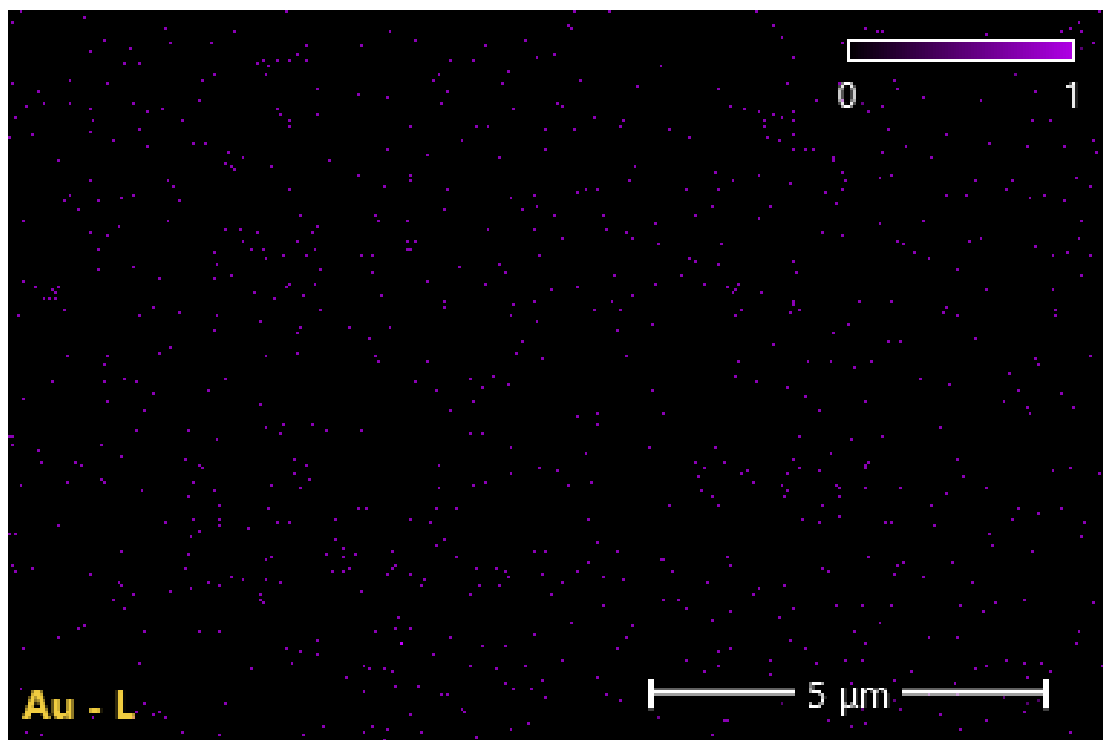


Figure 3.14: Elemental mapping analysis of Ag and Au

Figures 3.15 and 3.16 show the Scanning electron microscope (SEM) and High-Resolution SEM images of silver and gold. The results show that the size distributions of Ag and Au are narrow in the range of 20.40 – 59.44 and 14.57 – 38.33 nm, respectively. The high-resolution SEM images of Ag and Au are reported in Figure 3.15.

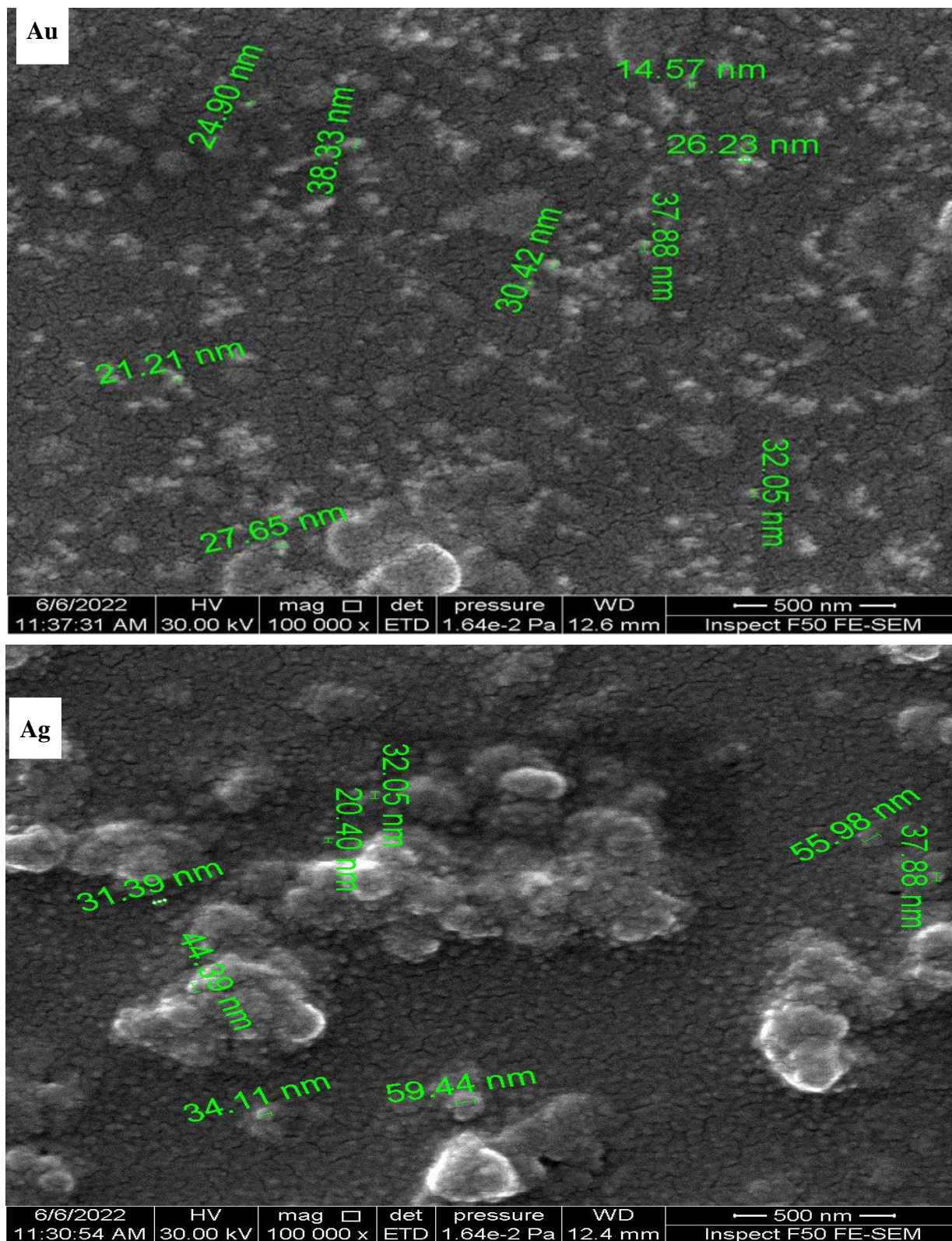
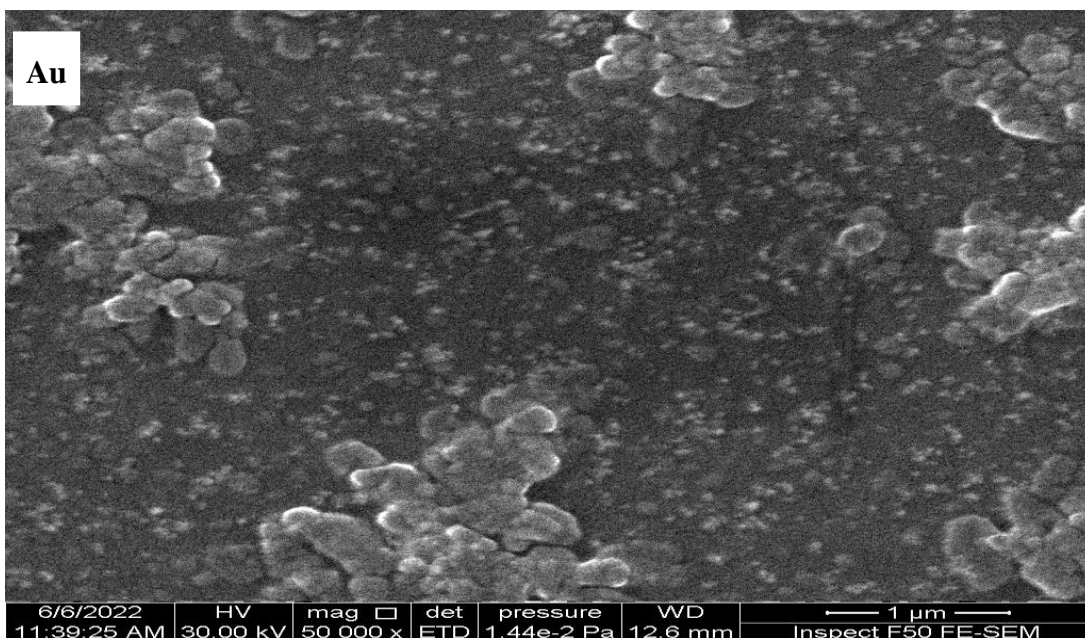
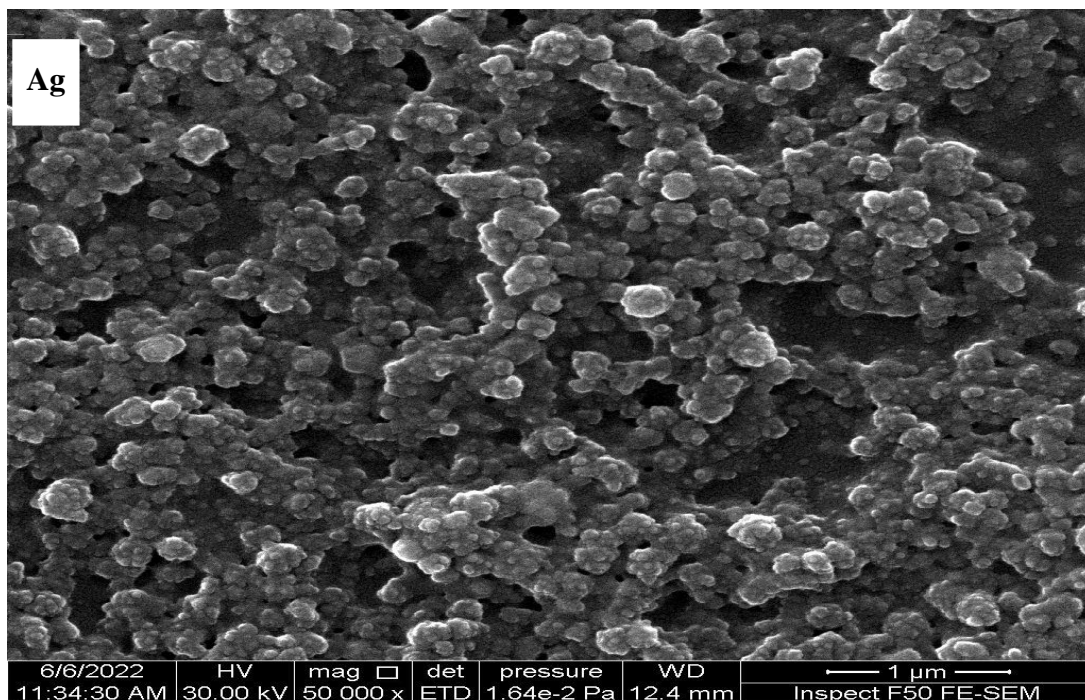


Figure 3.15: SEM images of Au and Ag.

Interestingly, the images obtained from SEM are like those reported by using EDS X-ray spectrophotometer present in modern SEM. The control procedures implemented by adding silver and gold to CE are shown no color change for more than 48 hrs. This result is indicating that the CE is not able to produce NPs. These results indicate that the CDs obtained from CE have the ability to reduce Ag^+ and Au^{+3} to Ag and Au nanoparticles, respectively. Moreover, CDs can also stabilize these nanoparticles versus aggregation.



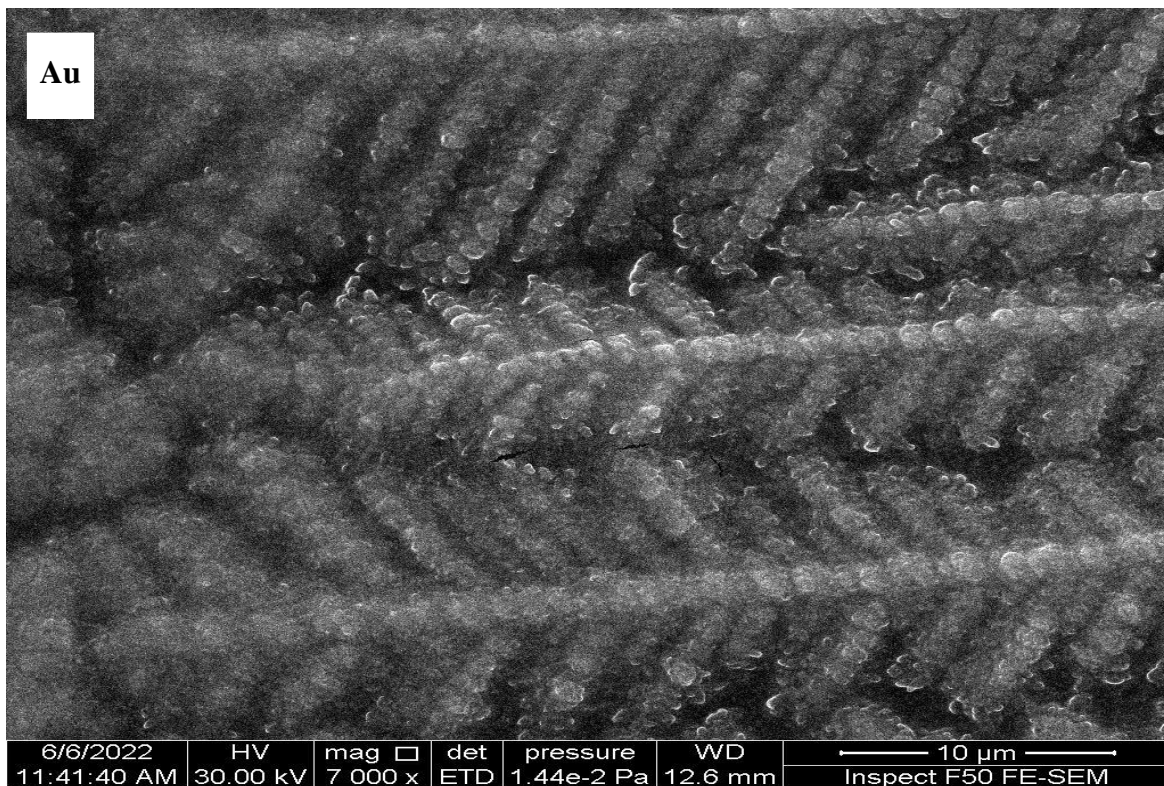


Figure 3.16: High-resolution SEM images for Ag and Au.

Chapter Four

Clinical Application

4.0 Introduction

This chapter has described the results of the clinical application by measuring the values of coagulation factors, namely Prothrombin Time (PT) and Activated Partial Thromboplastin Time (APTT) in the blood samples (healthy and those with high blood viscosity) (n=90), described in Section 2.3.3.1. The influence of AgNPs, health status, gender, and smoking activity on the es of PT and APTT were investigated. The aim of this chapter was to diagnose the levels of clotting disorders in patients who continue taking certain medications.

4.1 Statistical Study

A statistical study is used to assess the values of PT and APTT in the blood samples in order to investigate the relationships between AgNPs, PT, and APTT levels against several factors such as smoking activity, health status, and gender. The values of arithmetic mean, standard deviation, paired t-tests, and two-tailed t-tests have been determined in this study (refer to Appendix C).

4.2 Results and Discussion

4.2.1 Influence of AgNPs Concentration

The influence of AgNPs concentration on the values of PT and APTT was investigated. The results present that the higher effect of the concentration of AgNPs on the PT and APTT was 100 µg/ml, as shown in Figures 4.1 and 4.2. However, the higher values of PT (13.40) and APTT (42.28) are found by using 100 µg/ml of AgNPs compared with other concentrations. Therefore, this concentration was used for future studies [137].

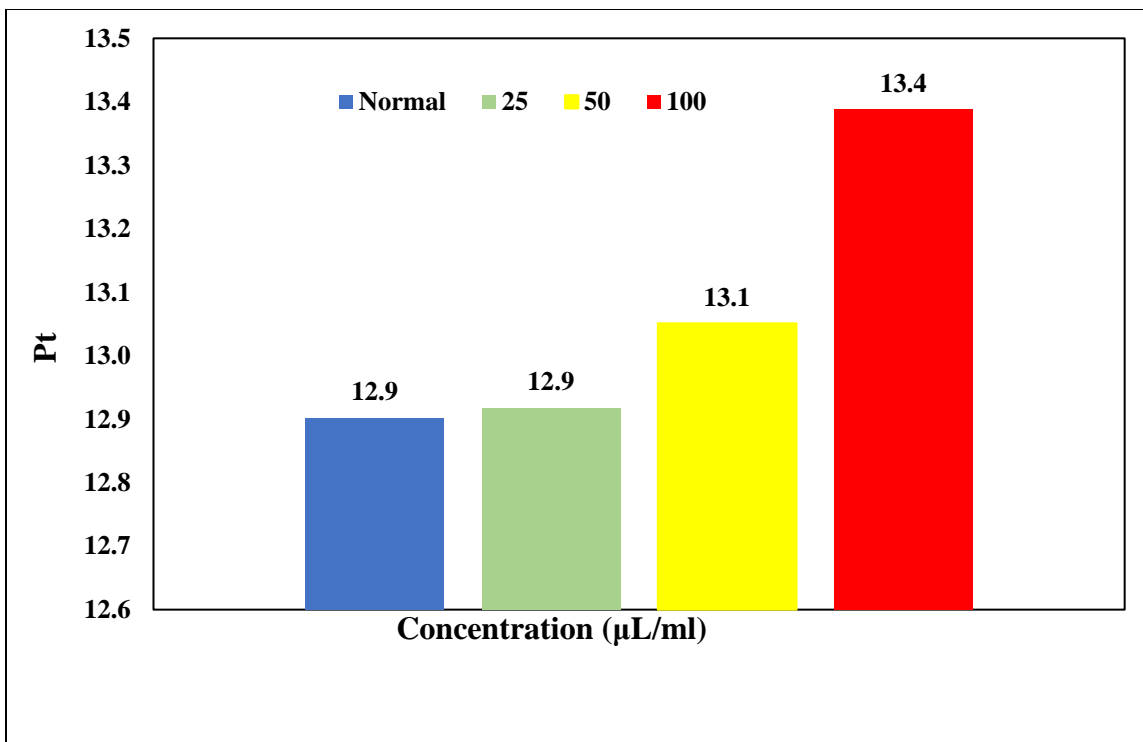


Figure 4.1: The effect of AgNPs concentration on the PTs (n=90).

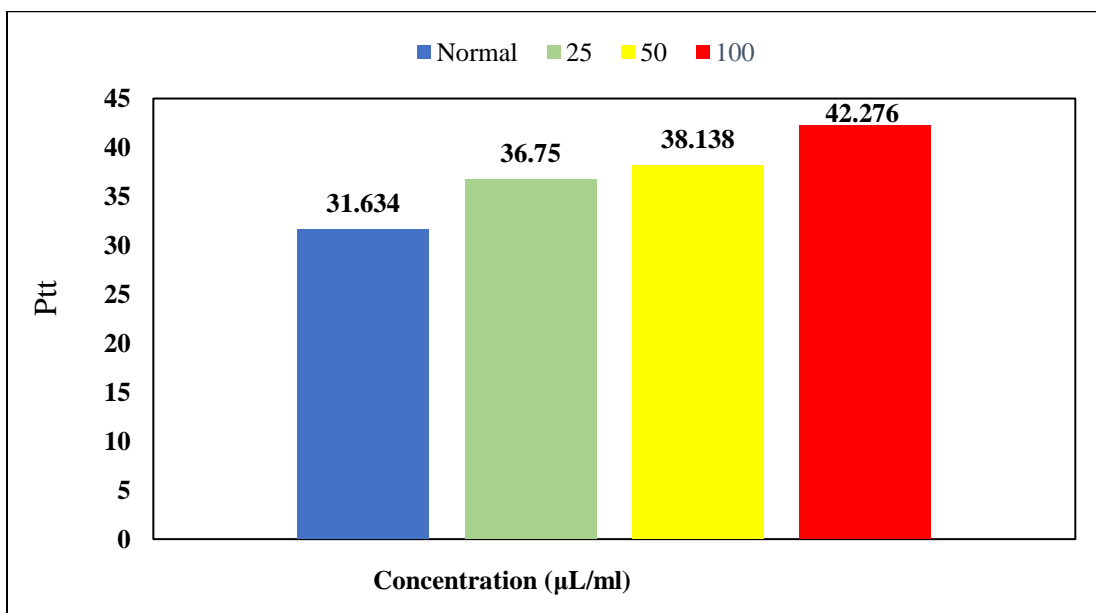


Figure 4.2: The effect of AgNPs concentration on the APTTs (n=90).

The values of mean and standard deviation of PT and APTT in the blood samples with and without AgNPs are determined by using paired t-test, and the results obtained are listed in Table 4.1. In general, significantly higher values of PT and APTT are found with AgNPs when compared with those without AgNPs, at the probability value of $P = 0.05$ [138].

Table 4.1: PT and PTT mean and standard deviation values in human blood for individuals with and without AgNPs from Karbala, Iraq.

| | Mean (Sec) | | (X – Y) Mean ± Sd (Unit) | Paired t-test | | | |
|-----|-----------------------------|--------------------------|-----------------------------|---------------|---------------|------------|---------|
| | Without AgNPs (X) (n=90) | With AgNPs (Y) (n=90) | | df | t_{calc} | t_{crit} | Sig.(P) |
| PT | 12.902 ± 1.69 | 13.388 ± 1.74 | 10.641 ± 6.092 | 89 | 16.571 | 1.987 | 0.00 |
| PTT | 31.634 ± 6.68 | 42.276 ± 9.39 | 0.486 ± 0.791 | 89 | 5.829 | 1.987 | 0.00 |

Sd is the standard deviation, n_1 , n_2 are the number of samples for individuals without and with AgNPs from Karbala, respectively, df = degree of freedom, $n_1 - 1$ for t-test, as described in Appendix C, t_{calc} are the calculated values for t-test, t_{crit} is a critical value at $P = 0.05$, the bold values indicate significant differences at the level of significance $P = 0.05$, Sig. = level of significance.

4.2.2 Effect of Health Status.

The influence of health status on the values of PT and APTT levels in blood samples are reported in Table 4.2 using a two-tailed t-test. No significant effects were found in the health status for both of PT and APTT at $P = 0.05$. The findings agree with those found in the literature [139]. On the other hand, one study in Najaf, Iraq has found significant differences in PT and APTT between hypertensive and normotensive patients [140].

Table 4.2: PT and PTT mean and standard deviation values in human blood for healthy individuals and patients from Karbala, Iraq.

| | Mean \pm SD (Sec) | | Two-tailed t-test | | | |
|-----|------------------------|-------------------------|-------------------|------------|------------|----------------|
| | Healthy ($n_1 = 30$) | Patients ($n_2 = 60$) | <i>df</i> | t_{calc} | t_{crit} | <i>Sig.(P)</i> |
| PT | 12.640 \pm 1.248 | 13.033 \pm 1.870 | 88 | 1.039 | 2.021 | 0.301 |
| PTT | 30.020 \pm 4.255 | 32.442 \pm 7.512 | 88 | 1.636 | 2.021 | 0.105 |

Sd is the standard deviation, n_1 , n_2 are the number of samples for health and patients, respectively, $df = (n_1 + n_2 - 2)$, the degree of freedom for t-test determined as described in Appendix C, and t_{calc} are the calculated values for t-test, t_{crit} is a critical value at $P = 0.05$, the bold values indicate significant differences at the level of significance $P = 0.05$, Sig. = level of significance.

4.2.3 Influence of Gender

The purpose of this research is to determine whether PT and APTT levels differ between males and females [141]. Therefore, the influence of gender on the values of Pt and APTT in the blood samples was determined. The samples ($n = 90$) are divided into two groups, namely females. The values of mean and standard deviation (\pm SD) for each group are presented in Table 4.3. The highest mean values in both groups are identified for APTT (males: 31.525 \pm 7.505; and females: 31.842 \pm 4.841). PT displayed the lowest values for both groups (males: 12.898 \pm 1.906) and (females: 12.910 \pm 1.207). The findings present that the PT and APTT levels of Females were slightly higher compared to males but there is no significant effect of gender on the values of PT and APTT.

Table 4.3: PT and PTT mean and standard deviation values in human blood for males and females from Karbala, Iraq.

| | Mean \pm SD (Sec) | | Two-tailed t-test | | | |
|-----|---------------------|-----------------------|-------------------|------------|------------|-----------|
| | Male ($n_1 = 59$) | Female ($n_2 = 31$) | df | t_{calc} | t_{crit} | $Sig.(P)$ |
| PT | 12.898 \pm 1.906 | 12.910 \pm 1.207 | 88 | 0.032 | 2.021 | 0.975 |
| PTT | 31.525 \pm 7.505 | 31.842 \pm 4.841 | 88 | 0.213 | 2.021 | 0.832 |

Sd is the standard deviation, n_1 , n_2 are the number of samples for males and females, respectively, $df = (n_1 + n_2 - 2)$, the degree of freedom for the t-test determined as described in Appendix C, and t_{calc} are the calculated values for t-test, t_{crit} is a critical value at $P = 0.05$, the bold values indicate significant differences at the level of significance $P = 0.05$, Sig. = level of significance.

4.2.4 Influence of Smoking Activity

The purpose of this study is to determine whether PT and APTT levels differ between smokers and non-smokers individuals [142]. Therefore, the effect of smoking activity on the levels of PT and APTT in has been studied and the results were reported in Table 4.4. It was found that there is no significant effect of smoking activity on PT and APTT in spite of the values of PT and APTT values are slightly higher in smokers compared to non-smokers.

Table 4.4: PT and PTT mean and standard deviation values in human blood for smokers and non-smokers from Karbala, Iraq.

| | Mean \pm SD (Sec) | | Two-tailed t-test | | | |
|-----|------------------------|---------------------------|-------------------|------------|------------|-----------|
| | Smokers ($n_1 = 45$) | Non-smoker ($n_2 = 45$) | df | t_{calc} | t_{crit} | $Sig.(P)$ |
| PT | 13.176 \pm 2.098 | 12.629 \pm 1.109 | 88 | 1.546 | 2.021 | 0.126 |
| PTT | 32.604 \pm 8.021 | 30.664 \pm 4.899 | 88 | 1.385 | 2.021 | 0.169 |

Sd is the standard deviation, n_1 , n_2 are the number of samples for smokers and non-smokers, respectively, $df = (n_1+n_2-2)$, degree of freedom for t-test determined as described in Appendix C, and t_{calc} are the calculated values for the t-test, t_{crit} is a critical value at $P = 0.05$, the bold values indicate significant differences at the level of significance $P = 0.05$, Sig. = level of significance.

4.3 Conclusion

The use of Carbon dots (CDs) as bioimaging, biosensing, drug delivery, disease detection, materials science, and synthetic chemistry have recently been investigated by several studies. There are several methods were developed to prepare the CDs, for example, electrochemical oxidation, laser ablation, supported synthesis, and combustion/thermal MWA heating. Furthermore, solvothermal, hydrothermal, and microwave-assisted methods are useful because of their low-cost and simple operation [1]. The use of natural samples to produce CDs has several advantages such as being cost-effective, appropriate, and easily available in natural environments [2]. The main aim of this study was to develop and validate a new simple single-stage procedure to produce the CDs from Iraqi edible carrots by using refluxing Iraqi edible carrot with aqueous trisodium phosphate (TSP).

In consideration, different methods to prepare the CDs using the natural samples have been described in Chapter one. The chemical and physical properties, classification, and applications of CDs were also reported in this chapter.

The analytical methodological issues were described in Chapter 2, with appropriate green chemistry methods and optimised analysis conditions. Chapter 3 presented the results of synthesis of CDs, live cell imaging, and metal nanoparticles. The influence of AgNPs concentration, health status, gender, and smoking activity on the values of PT and APTT were reported in Chapter 4.

In the light of the results in this study, it can summaries the findings by the following points.

- 1- A convenient method to synthesis carbon dots from edible carrot was reported using commonly available chemical and labware.
- 2- Optimum synthetic parameters have been found, and the prepared CDs have been characterized by SEM, FTIR, ¹H NMR, X-ray photoelectron spectroscopy (XPS), Energy Dispersive X-Ray Spectroscopy (EDX) and fluorescence spectroscopy.
- 3- It is found that 100 mM TSP is sufficient to produce CDs from 5 g of carrot. FTIR and ¹H NMR analysis revealed that the carbonyl.
- 4- The application of CDs in optical imaging was demonstrated in Gram-negative and Gram-positive bacterial models.
- 5- FTIR and ¹H NMR analysis revealed that the carbonyl containing phytonutrients undergone carbonization to yield blue luminescent CDs.
- 6- The prepared CDs have an ability to reduce metal ions like silver and gold to nanoparticles and stabilize them against aggregation.
- 7- As prepared AgNPs and AuNPs display excellent catalytic activity.
- 8- The simplicity of the CDs synthesis ensures their promising applications in the preparation of efficient nanocatalyst and in the development of cost-effective imaging agents.

4.4 Future Work

Further research could be developed from this study as there are no previously published studies about the synthesis carbon dots from edible carrot from Karbala (Iraq).

- As described in this study, CDs provide data about bioimaging, biosensing, drug delivery, disease detection. However, more research is needed to evaluate whether this CDs provides any advantages over these processes.
- The data from this study confirms that the CDs play a role in the direct reduction of silver ions to elemental silver (Ag_0) and gold ions to elemental gold (Au_0) without additional reducing and stabilizing agent. However, further studies are required using other elements.
- In general, significantly higher values of PT and APTT are found with AgNPs when compared with those without AgNPs, at the probability value of $P = 0.05$. However, further clinical studies are required using larger numbers of patients. In addition, other biological samples need to also be collected and analysed to enable a clearer picture of this study.

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Appendix A:
Documentation and Clinical Study

A1.1: Field Sampling Questionnaire:

Study of Human Biological Samples (blood) in Karbala and London for Iraqi Individuals.

Code Number: Collection Date:

Town/Province:

Type of sample:

| | | | | | | | |
|------|----------------------|-------------|----------------------|-------|----------------------|--------|----------------------|
| Hair | <input type="text"/> | Loose Nails | <input type="text"/> | Blood | <input type="text"/> | Saliva | <input type="text"/> |
|------|----------------------|-------------|----------------------|-------|----------------------|--------|----------------------|

Residence: How long have you lived here?

Where did you live before? years
 town/city
 Number of members of family adults
 children

Personal Information: (For the sample code above)

| | | | | |
|---------|-----------|----------------------|-------------|----------------------|
| Sex: | Male | <input type="text"/> | Female | <input type="text"/> |
| Age: | Years | <input type="text"/> | Months | <input type="text"/> |
| Height: | Meters | <input type="text"/> | Centimetres | <input type="text"/> |
| Weight: | Kilograms | <input type="text"/> | | |

General Health:

Do you have any permanent illness? Yes No
 If yes:

What temporary illness have you had in the last 12 months?

None Or

Smoking history:

Do you smoke? Yes No
 If yes: How many cigarettes per day?

Number of smoking years:

Type of cigarette:

How many meals do you eat a day?

Number

What is your basic diet (sources and quantities)? List main foods for each meal*

| Meal | Nutrition |
|----------------------|----------------------|
| <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> |
| <input type="text"/> | <input type="text"/> |

*Note: Include all sources of protein, carbohydrate, fruit/vegetables and fats.

Drinking water: What sources of drinking water do you use? Used filter Yes No

Bottled Tap Other

Do you consume commercial beverages? If yes...

Name Quantity per day/week

Do you apply any special treatments to your hair?

Special shampoos (dandruff, etc) Dyes Oxygenation
 Spray Hair gel Others

Do you apply any special treatments to you Nails? Yes or No:

Children only:

Does your child attend school? Yes No
 If yes: School Grade

How would you describe their academic achievement?

Adults only:

Are you employed? Yes No

If yes: Where.....

Type of work.....

ALL INFORMATION WITHIN THIS QUESTIONNAIRE IS CONFIDENTIAL TO THE PROJECT MANAGERS AND WILL NOT BE MADE AVAILABLE TO ANY OTHER INDIVIDUAL OR GROUP.

Appendix B: Publications

B1.1

A Green Method to Synthesis of Luminescent Carbon Dots from Iraqi Carrot Juice

Huda R. Mohaisen, Baker A. Joda, , Adnan Ibrahim Mohammed,

Department of Chemistry, Faculty of Science, University of Kerbala, Karbala, Iraq

Abstract In this research, an Iraqi edible carrot with aqueous trisodium phosphate (TSP) has been refluxed to produce blue-color luminescent carbon dots (CDs) using a simple single-stage method. Scanning Electron Microscopy (SEM) image confirmed that CDs are almost spherical in shape and the size is around 6.40 – 25.76 nm. The energy-dispersive X-ray (EDX) spectrum showed the existence of carbon in the samples. The Fourier-transform infrared (FTIR) spectrum of carrot extract (CE) and CDs is explained that the -C=O peak was found in 1740 and 1650 cm^{-1} in the CE but it is completely lost in CDs. This result indicates that the carbonyl group has undergone carbonization. ^1H NMR spectra of CE and CDs confirmed that the signals found between 3 and 4 ppm in the CE were decreased considerably in CDs, confirming that the carbohydrates present in the carrot had undergone carbonization to produce luminescent CDs.

Keywords: Carbon dots, Carrot, Green Method, Karbala.

B1.2

Applications of Carbon Dots in Bioimaging and Preparation of Nanocatalyst

Huda R. Mohaisen, Baker A. Joda, Adnan Ibrahim Mohammed,
Department of Chemistry, Faculty of Science, University of Kerbala, Karbala, Iraq

Abstract In this research, the preparation of carbon dots (CDs) from edible carrots using a simple single-stage green method was used in bioimaging and the preparation of nanocatalyst. The produced CDs are used as luminophore to image bacteria through fluorescence microscopy. CDs have membrane good permeability and minimum toxicity against Gram-negative and Gram-positive bacteria. The CDs capability for direct reduction of silver ions to elemental silver (Ag⁰) and gold ions to elemental gold (Au⁰) without additional reducing and stabilizing agents was demonstrated. The resulting Ag and Au nanoparticles have a size of 8–22 nm and 5–15 nm, respectively. The catalytic activity of nanoparticles in the hydrogenation reaction was investigated. The results suggest that the nanoparticles had high catalytic activity in the sodium borohydride-mediated hydrogenation of nitroaromatic compounds.

Keywords: Carbon dots, Carrot, Bioimaging, Nanocatalyst, Karbala.

Appendix C:

Statistics

C1. Statistical Equations Used in this Study (Miller & Miller, 2010; Farrant, 1997)

Arithmetic mean

The Arithmetic mean (\bar{x}) is the sum of measured value divided by the number of measurements (n):

$$x = \frac{\sum \bar{x}_i}{n}$$

Standard deviation (Sd)

The standard deviation (s) is a measure of the agreement between a set of n data points. It is also the measure of random error, the following equation used to calculate s:

$$s = \sqrt{\frac{\sum_i (x_i - \bar{x})^2}{n - 1}}$$

where $x_i = x$ value and $\bar{x} =$ arithmetic mean of x values.

Variance (S²)

Variance is the square of the standard deviation and is a measure of the extent to which results in a set of data differ from one another. The larger the variance, the greater the difference between the results.

Paired t-test

This test used to compare pairs of data, such as when a single sample has been measured by the two analytical techniques or prepared by the two digestion methods. The difference between the data values for the two different methods is used to calculate t-calculated (t_{calc}) value. This value

is compared with a t-critical (t_{crit}) value for $n-1$ degrees of freedom at the 95% confidence interval ($P < 0.05$), as shown:

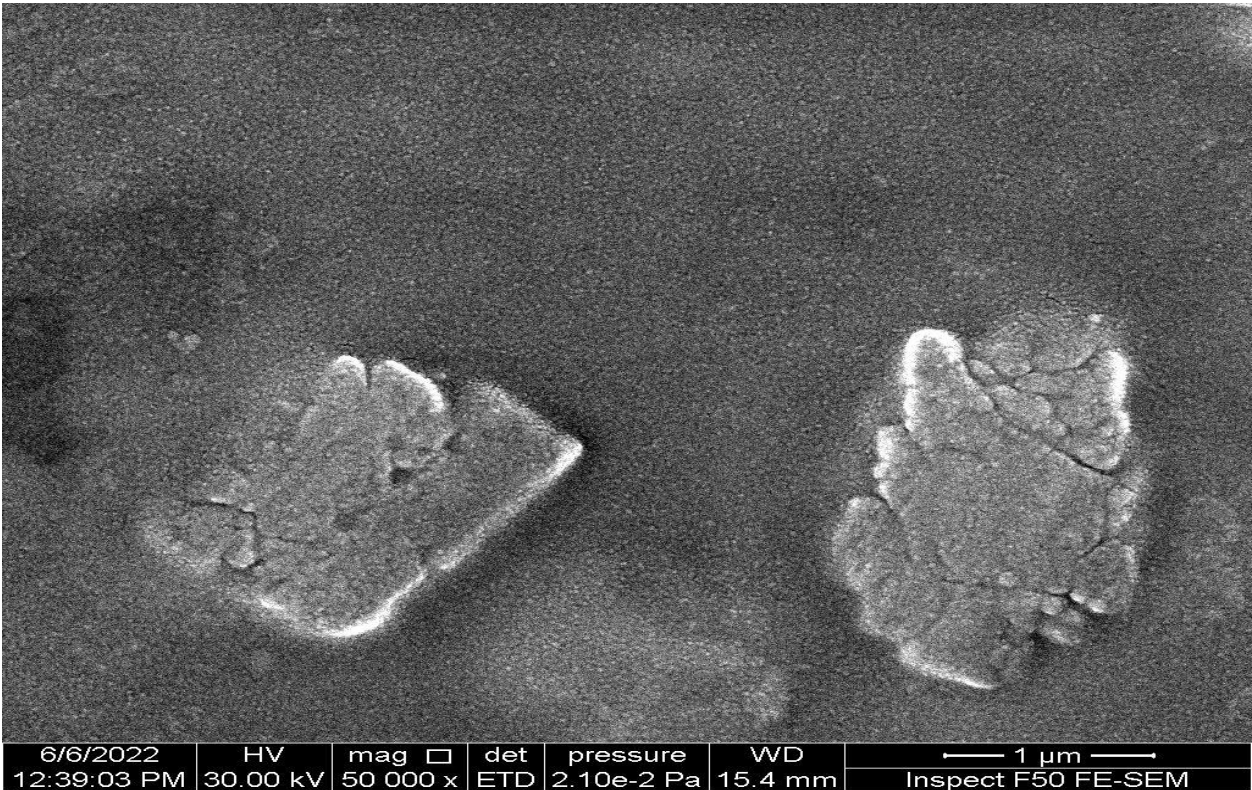
$$t_{calc} = \frac{\bar{D}\sqrt{n}}{s_d}$$
$$s_d = \sqrt{\frac{\sum(D_i - \bar{D})^2}{N - 1}}$$

where \bar{D}_i is the individuals' difference between the two methods for each sample, with regard to sign; and \bar{D} is the mean of all the individual differences.

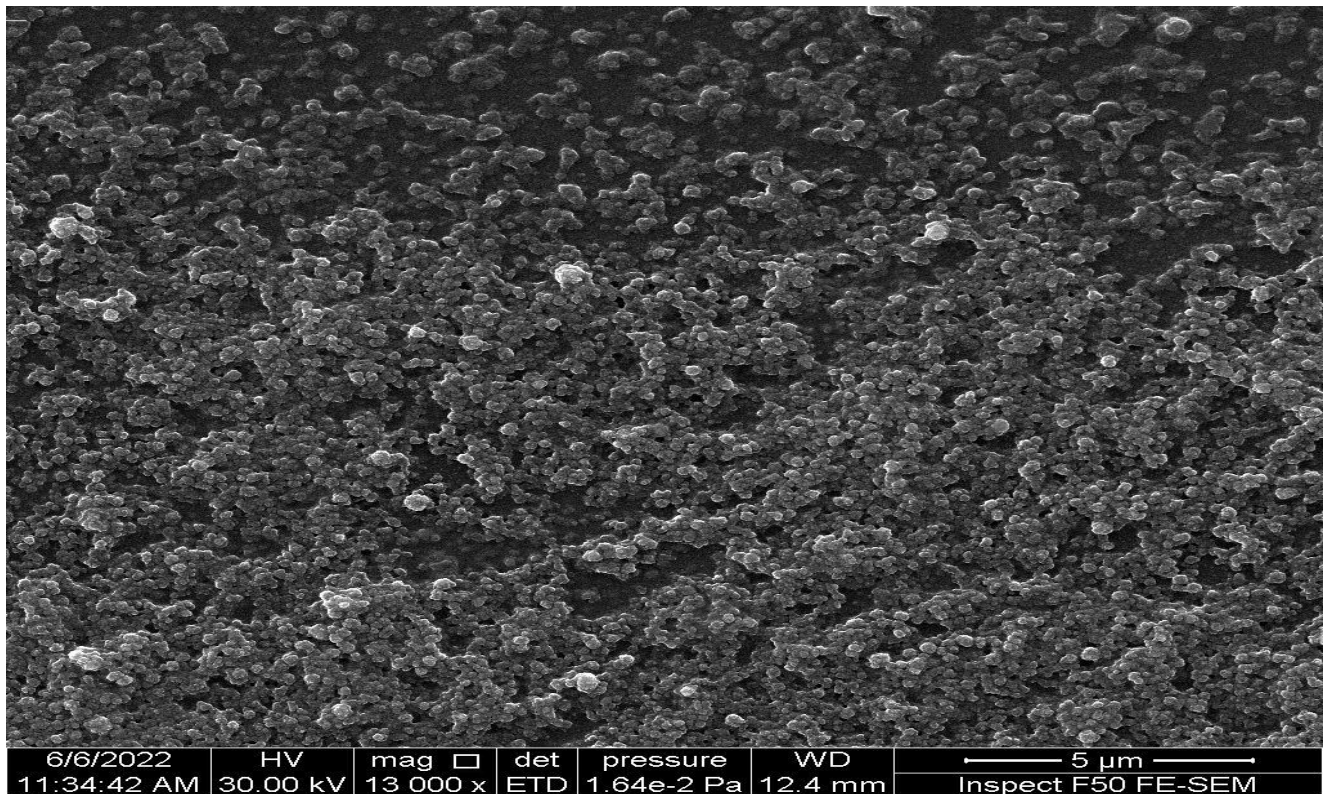
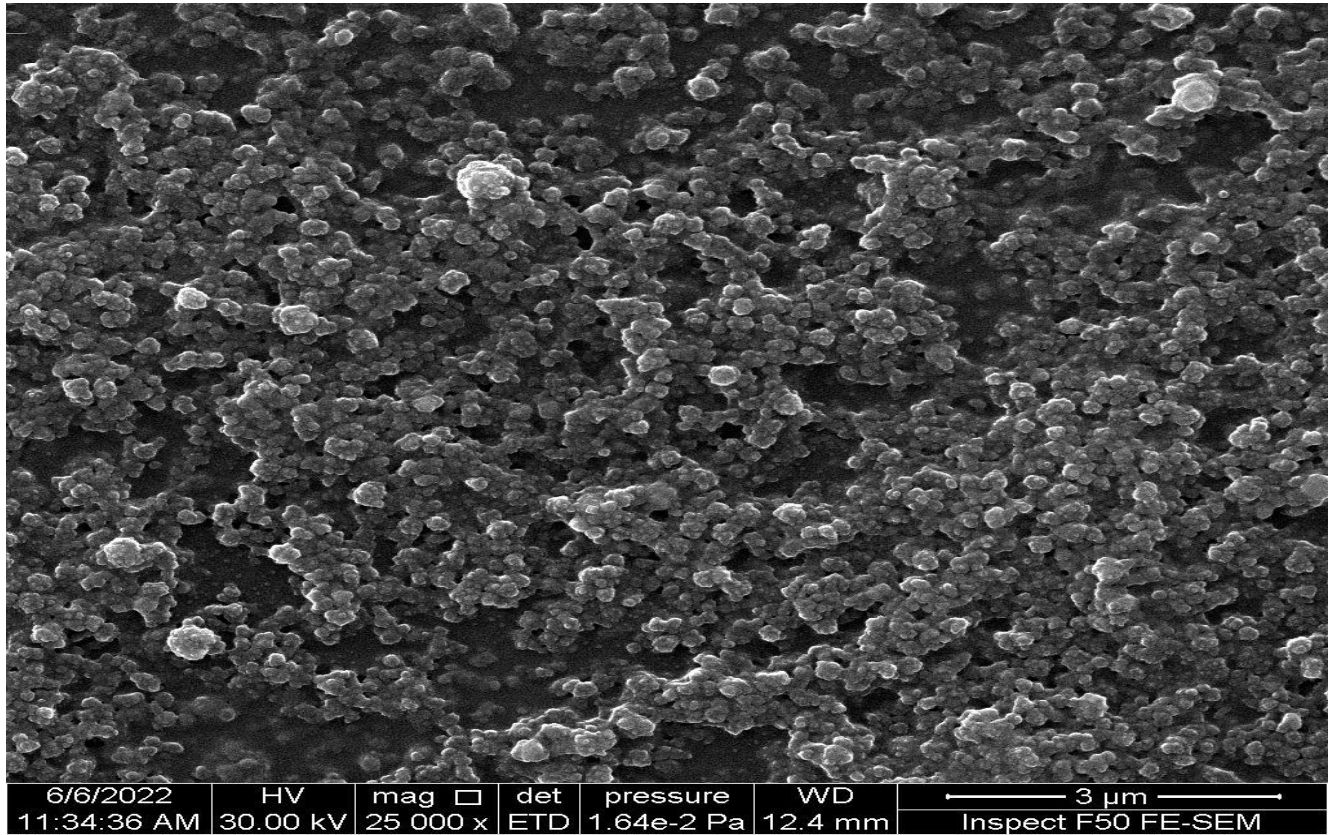
Appendix D:

SEM Charts

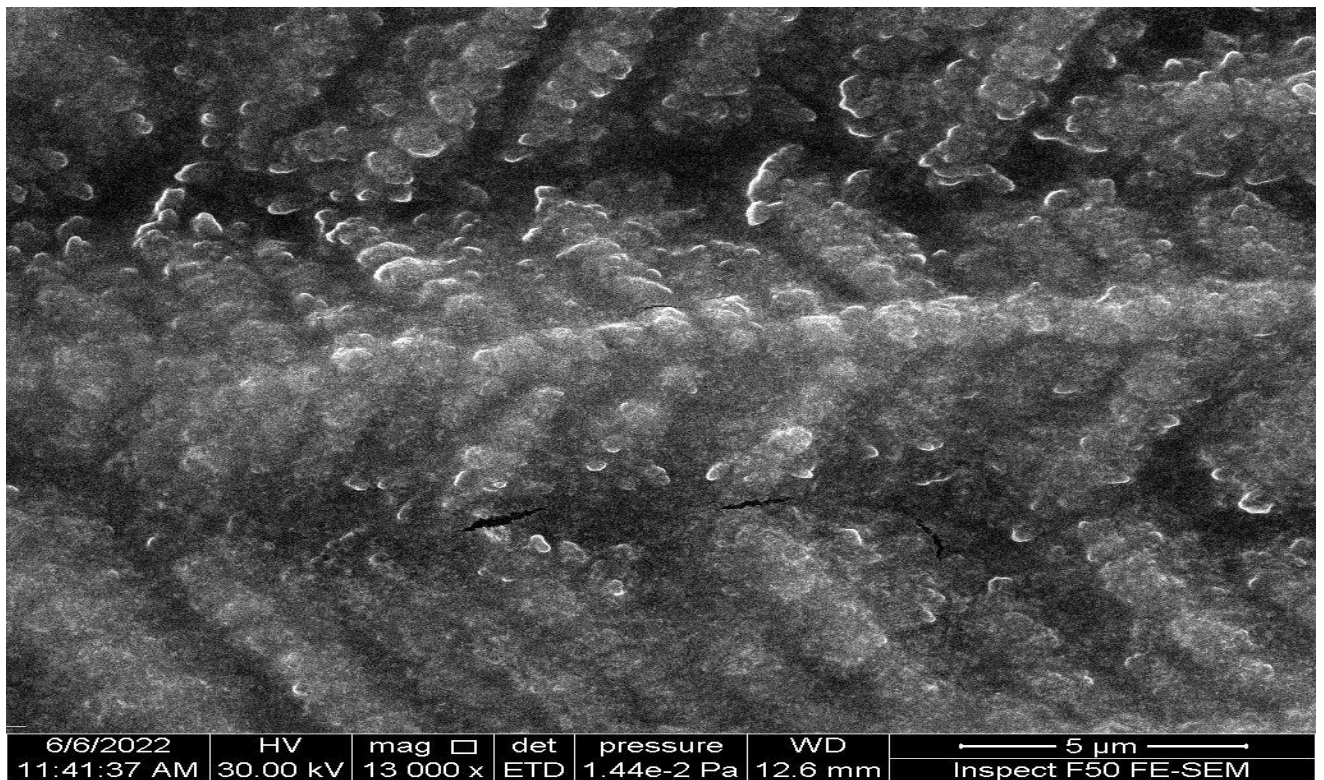
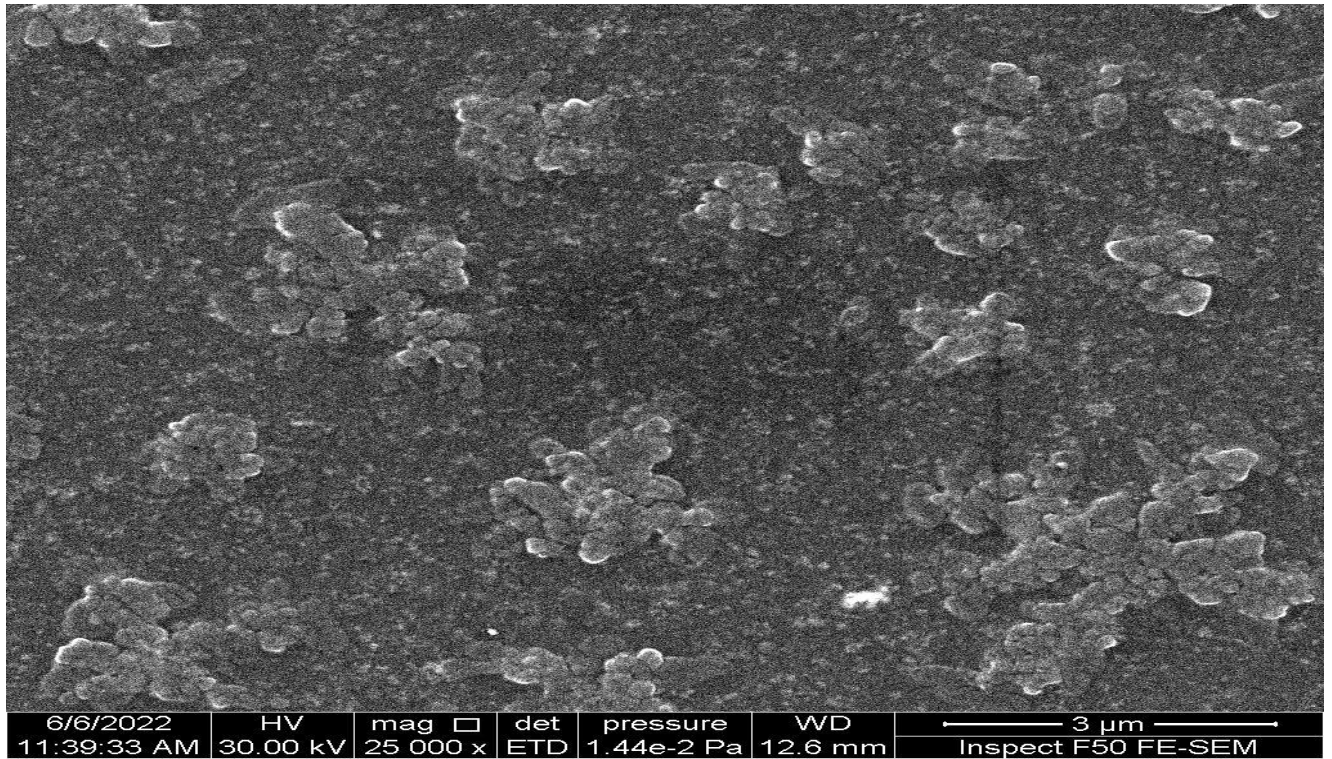
D1: SEM for CDs



D2: SEM for NPs Ag



D3: SEM for NPS Au



الخلاصة

في هذه الدراسة، تم استخدام طريقة بسيطة بمرحلة واحدة تعتمد على التقطير العكسي (الأرتجاعي) للجزر العراقي الصالح للأكل مع فوسفات ثلاثي الصوديوم المائي (TSP) لتكوين نقاط الكربون المضيئة باللون الأزرق. تشير الدراسة إلى أن التقطير العكسي ل 5 جم من الجزر في 100 ملي مولاري من محلول مائي TSP ولمدة 120 دقيقة يكون كافٍ لإنتاج نقاط الكربون مضغوطة زرقاء عالية الإضاءة.

يوضح طيف الأشعة تحت الحمراء (FTIR) لمستخلص الجزر (CE) ونقاط الكربون (CDs) أن قمة $C=O$ - التي تمت ملاحظتها عند 1740 و 1650 cm^{-1} في CE أختفت تمامًا في الأقراص المضغوطة، وهذا يشير إلى حدوث عملية الكربنة لمجموعة الكربونيل وتشكيل المزيد من الكربون المهجن sp^2 .

علاوة على ذلك، أظهرت أطياف 1H NMR لـ CE و CDs أن عدد الإشارات التي لوحظت بين 3 و 4 جزء في المليون في CE قد انخفضت بشكل كبير في CDs، مما يشير إلى أن بعض مخلفات السكر قد خضعت لعملية الكربنة. أكدت هذه النتائج أن الكربوهيدرات الموجودة في الجزر خضعت لعملية الكربنة لإنتاج نقاط الكربون المضيئة. أظهرت صورة فحص المجهر الإلكتروني (SEM) أن نقاط الكربون تكاد تكون كروية الشكل وحجمها يتراوح بين 6.40 - 25.76 نانومتر. أكدت نتائج طيف الأشعة السينية المشتتة للطاقة (EDX) وجود نقاط الكربون في العينات المدروسة. تم استخدام نقاط الكربون التي تم إنتاجها كمصباح ضوئي لتصوير البكتيريا من خلال الفحص المجهر الفلوري لأن نقاط الكربون لها نفاذية جيدة للأغشية كما أنها أقل سمية ضد البكتيريا سالبة الجرام وإيجابية الجرام.

تم إثبات قدرة نقاط الكربون على الاختزال المباشر لأيونات الفضة إلى عنصر الفضة (Ag^0) وأيونات الذهب إلى عنصر الذهب (Au^0) بدون عامل اختزال وتثبيت إضافي. يبلغ حجم الجسيمات النانوية الناتجة لكل من Au و Ag بمايساوي 20.40 - 59.44 و 14.57 - 38.33 نانومتر، على التوالي.

تم تسجيل أعلى قيم لكل من PT و APTT بوجود AgNPs إذا ما قورنت مع تلك التي لا تحتوي على AgNPs، عند $P = 0.05$.



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طريقة خضراء مناسبة لتخليق نقاط الكربون المضيئة من الجزر الصالح للأكل وتطبيقاته.

رسالة مقدمة الى

مجلس كلية العلوم- جامعة كربلاء

كجزء من متطلبات نيل شهادة الماجستير في الكيمياء

من قبل

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بإشراف

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